

THE BOARD OF SUPERVISORS OF THE COUNTY OF STANISLAUS
ACTION AGENDA SUMMARY

DEPT: Behavioral Health and Recovery Services

BOARD AGENDA # B-12

Urgent

Routine

ms

AGENDA DATE February 25, 2014

CEO Concurs with Recommendation YES NO

4/5 Vote Required YES NO

(Information Attached)

SUBJECT:

Approval to Introduce and Waive the First Reading of an Ordinance Adding Chapter 9.94 to the Stanislaus County Code to Allow the Sheriff to Operate a Prescription Medication Disposal Program

STAFF RECOMMENDATIONS:

1. Authorize the Sheriff to place prescription drug drop off boxes in facilities, including those in contract cities; and
2. Authorize the Sheriff or designee to dispose of controlled substances, specifically prescription and over-the-counter medications; and
3. Find that the subject ordinance is not subject to California Environmental Quality Act (Public Resources Code sections 21000 et seq.); and
(Continued on Page 2)

FISCAL IMPACT:

The total cost to purchase and wrap the five prescription drug drop off boxes was \$4,659. This was included in the Fiscal Year 2013-2014 Budget and funded by the Behavioral Health and Recovery Services, Alcohol and Other Drugs Education and Prevention Services. The five boxes will be located in lobbies of the Sheriff Operation Center and the four contract cities of Riverbank, Patterson, Waterford, and Hughson.

BOARD ACTION AS FOLLOWS:

No. 2014-86

On motion of Supervisor O'Brien, Seconded by Supervisor Monteith

and approved by the following vote,

Ayes: Supervisors: O'Brien, Chiesa, Withrow, Monteith, and Chairman De Martini

Noes: Supervisors: None

Excused or Absent: Supervisors: None

Abstaining: Supervisor: None

1) X Approved as recommended

2) _____ Denied

3) _____ Approved as amended

4) _____ Other: INTRODUCED AND WAIVED THE FIRST READING OF ORDINANCE C.S.1144

MOTION:

Christine Ferraro

ATTEST: CHRISTINE FERRARO TALLMAN, Clerk

File No. ORD-55-S-4

STAFF RECOMMENDATIONS: (Continued)

4. Introduce and waive the first reading of an ordinance adding Chapter 9.94 to the Stanislaus County Code to allow the Sheriff to operate a prescription medication disposal program.

DISCUSSION:

Alcohol and other drug misuse pose great risks to individual and community health and safety. According to the Substance Abuse and Mental Health Services Administration (SAMHSA), the non-medical use of prescription drugs to get high has risen to become second only to marijuana as the most common form of drug abuse in America. Prescription drug abuse, as it is commonly termed, is the use of a medication without a prescription or in a way other than as prescribed. Prescription drug abuse includes, but is not limited to, taking a friend's prescription painkiller for your backache, excessive use of one's own prescribed medication, and snorting ground-up pills. The rise of prescription drug abuse has multiple contributing factors, including a perception of low risk and the ease of accessibility. Young people are heavily represented in the group of individuals engaging in prescription drug abuse.

Prescription drug misuse can lead to the use of illegal drugs, such as heroin. For instance, the results of a recent survey of individuals receiving treatment for opiate addiction indicated that approximately 46% of the respondents began their opiate addiction by misusing prescription opiates. As the cost or the availability of the prescription drugs becomes problematic, heroin becomes a cheaper and more widely available alternative. As a recent article in the Modesto Bee noted, heroin use in Stanislaus County is on the rise, especially among individuals in their 20s.

Given the magnitude of individual, family, community, governmental and societal costs of substance abuse, the most poignant aspect of its devastating effects is that they are 100% preventable. However, the preventability does not make the issue simple to address. The awareness and engagement of multiple stakeholders and sectors within communities is a first step toward changing the norms and other contributing factors that influence a person's decision to misuse drugs or abuse alcohol.

The means to appropriately dispose of prescription and over-the-counter medications needs to be easily accessible and environmentally safe. The inappropriate disposal of prescription and over-the-counter drugs can adversely impact the environment when they end up in landfills and waste water. Consequently, in 2009, Stanislaus County Behavioral Health and Recovery Services in partnership with Stanislaus Drug Enforcement Agency successfully initiated Stanislaus County's first prescription medication take back event, Drop the Drugs. Since that date, the partnership has continued, and we have successfully hosted over 20 events. Between 2009 and 2013 residents responded by bringing 7,265 pounds of unused, unwanted, or expired

Approval to Introduce and Waive the First Reading of an Ordinance Adding Chapter 9.94 to the Stanislaus County Code to Allow the Sheriff to Operate a Prescription Medication Disposal Program
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prescription and over-the-counter medications for disposal in an environmentally safe manner. However, these events were infrequent.

Experience has shown that community members of Stanislaus County, in possession of unused, unwanted, or expired medications, will take advantage of opportunities for safe and secure disposal; diverting potential abuse, overdose, and environmental impacts. The Department of Justice has advised that for purposes of Federal Regulation of Controlled Substances, the Board of Supervisors, pursuant to Title 21, Code of Federal Regulations, section 1301.24(a)(2), may adopt an ordinance authorizing the Sheriff and his designees to possess pharmaceutical controlled substances in the performance of his duties. This ordinance will enable the Sheriff to operate prescription drug drop boxes inside facilities designated by the Sheriff. This will enable many communities in the county to have accessible disposal sites that are available year-round.

POLICY ISSUES:

Approval of this action supports the Board of Supervisors' priority of A Safe Community and A Healthy Community by reducing the amount of unused, unwanted, or expired prescription and over-the-counter medications and, thereby, subsequently avoiding potential abuse, overdose, and environmental impacts.

STAFFING IMPACT:

There are no staffing impacts associated with this item.

CONTACT:

Madelyn Schlaepfer, Ph.D., CEAP, Director

Telephone: (209) 525-6205

ORDINANCE NO. C.S. _____

AN ORDINANCE TO ADD CHAPTER 9.94 TO THE STANISLAUS COUNTY CODE TO ALLOW THE SHERIFF TO OPERATE A PRESCRIPTION MEDICATION DISPOSAL PROGRAM

THE BOARD OF SUPERVISORS OF THE COUNTY OF STANISLAUS, STATE OF CALIFORNIA, DO ORDAIN AS FOLLOWS:

Section 1. Chapter 9.94 Prescription Medication Disposal Program is added to the Stanislaus County Code to read as follows:

“Section 9.94.010. Purpose.

“Unwanted, unused, or expired pharmaceutical controlled substances, commonly known as prescription drugs, are a public safety, public health, and environmental hazard because they can fall into the wrong hands of children or criminals or be introduced to the environment through improper disposal. Experience has shown that parents, patients, and others in possession of such prescription drugs will take advantage of opportunities for the safe and secure disposal of such prescription drugs. One way in which citizens can be provided an opportunity is for the County to provide secure drop boxes for the disposal of unwanted, unused, or expired pharmaceutical controlled substances.

“The Department of Justice has advised that for purposes of Federal Regulation of Controlled Substances, the Board of Supervisors, pursuant to Title 21 Code of Federal Regulations part 1301.24(a)(2), may authorize the Sheriff and his designees to possess pharmaceutical controlled substances in the performance of his duties. This ordinance will enable the Sheriff to operate prescription drug drop boxes inside facilities designated by the Sheriff.

“The Board of Supervisors, in conjunction with the Sheriff, have determined that it would benefit the citizens of the County of Stanislaus for the Sheriff to develop and operate a system of secure drop boxes located inside facilities designated by the Sheriff to allow citizens to dispose of their unwanted, unused, or expired pharmaceutical controlled substances.

“Section 9.94.020. Operation of Prescription Drug Drop Boxes.

“In accordance with the purposes and provisions of Title 21 Code of Federal Regulations part 1301.24(a)(2), or any applicable successor provision of Federal Law, the Sheriff and his designee are authorized to possess pharmaceutical controlled substances in the performance of his duties.”

Section 2. This ordinance shall take effect thirty (30) days from and after the date of its passage and before the expiration of fifteen (15) days after its passage it

shall be published once, with the names of the members voting for and against the same, in the Modesto Bee, a newspaper published in the County of Stanislaus, State of California.

Upon motion of Supervisor _____, seconded by Supervisor _____, the forgoing Ordinance C.S. _____ was passed and adopted at a regular meeting of the Board of Supervisors of the County of Stanislaus, State of California, this ____ day of ____ 2014, by the following called vote:

AYES: Supervisors:

NOES: Supervisors:

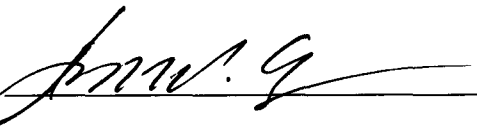
ABSENT: Supervisors:

Jim DeMartini, Chair of the Board of
Supervisors of the County of Stanislaus,
State of California

ATTEST:
Christine Ferraro Tallman
Clerk of the Board of Supervisors of the
County of Stanislaus, State of California

By _____
Deputy

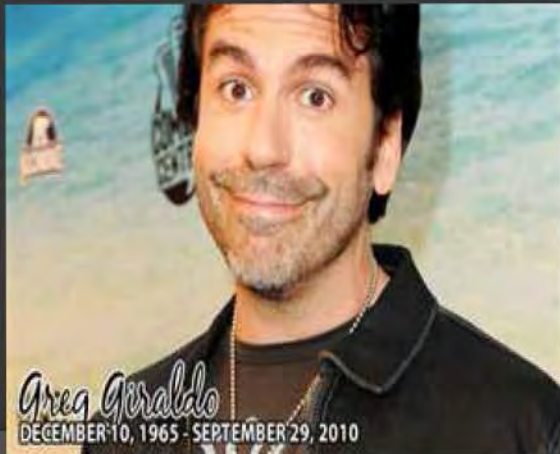
APPROVED AS TO FORM:
John P. Doering
County Counsel

By  _____

Stanislaus County Prescription Medication Disposal Program February 25, 2014



The Faces of Prescription Drug Abuse



What is Prescription Drug Abuse?

Abuse occurs whenever a prescription drug or over-the-counter medication is used for anything other than its intended purpose, by someone other than the intended recipient, or in a dosage other than prescribed.

The difference between “misuse” and “abuse” lies in the person’s intent – is it being used incorrectly out of ignorance (misuse) or intentionally (abuse)?

Prescription Drug Abuse

Studies have shown that every day, 2,500 youth between the ages of 12-17 are experimenting with prescription drugs for the first time with the intent to get high.

More people die each year from over-the-counter & prescription drugs than Heroin, Cocaine, and Ecstasy COMBINED.

The United States Office on National Drug Control Policy states 7 out of 10 prescription drug abusers receive their drugs from friends and family members.

The impact of prescription drug abuse in Stanislaus County

Methadone Clinic Survey Snapshot Fiscal Year 2011/2012	Average
Gender	
Male	48.60%
Female	51.40%
First Substance Used	
Marijuana	38.40%
Alcohol	32.35%
Methamphetamine	4.15%
Heroin	12.15%
Oxycontin	0.50%
Vicodin	5.95%
Other	6.45%
How Did Opiate Addiction Begin	
Heroin	53.65%
Prescription Drugs	46.35%
Age of First Opiate Use	
Under 12 years	1.45%
12 to 15 years	17.30%
16 to 17 years	14.85%
18 to 20 years	21.35%
21 to 25 years	22.85%
26 to 30 years	8.45%
31 to 40 years	11.15%
Over 40 years	2.65%
Total Number Interviewed	593

Identifying the Problem

Kids believe prescription drugs are safe and non-addictive because:

- They are prescribed by a Doctor.
- They see their parents/grandparents using them.
- They hear about them in music and social media.
- They don't believe they are as dangerous as street drugs.

“Drop the Drugs” Prescription Medication Take Back Program



Original Drop the Drugs Media Advertisement

Drop the Drugs Prescription Medication Disposal Event

THERE'S A NEW DRUG DEALER IN TOWN

POLICE DEPT 96B-2482

Drop the Drugs Event provides community members a controlled and safe place to dispose of medications that may have accumulated in their homes, diverting potential abuse and potential environmental impacts. Bring your unused prescription and over-the-counter medications in the original bottles/containers to the following Save Mart Supermarket locations. For more information, please call Behavioral Health & Recovery Services at (209) 525-6201.

Drop-Off Locations/Times: Save Mart Supermarket 2:30 p.m. - 6:30 p.m.

Turlock 2595 Geer Rd. Thursday, Sept. 1st	Patterson 1035 Sperry Rd. Thursday, Sept. 10th	Riverbank 2237 Charibel Rd. Thursday, Sept. 17th	Modesto 415 Paradise Rd. Thursday, Sept. 24th
Ceres 2916 Whitmore Ave. Thursday, Sept. 3rd	Oakdale 1449 East F St. Tuesday, Sept. 15th	Modesto 801 Oakdale Rd. Tuesday, Sept. 22nd	Modesto 2100 Standiford Ave. Tuesday, Sept. 29th

Behavioral Health & Recovery Services
 A Mental Health, Alcohol & Other Drug Services Provider
Department of Environmental Resources
Health Services Agency
 Sponsored by the Stanislaus County Board of Supervisors

DROP THE DRUGS Prescription Medication Disposal Event

There's a new threat and it's from the family medicine cabinet: The abuse of prescription and over-the-counter drugs. Did you know that throwing out your prescription medicine the wrong way could lead to drug abuse, accidental overdose, and even water contamination? Properly disposing of unwanted medications may be inconvenient, but there are some very important reasons to do this in a safe and responsible manner.

WHAT'S THE PROBLEM?

ABUSE/MISUSE
For many teens, finding these drugs is as easy as opening the medicine cabinet, nightstand, or purse — at home or at a friend's house. Every day 2,500 youth age 12 to 17 abuse a pain reliever for the very first time. More teens abuse prescription drugs than any other illicit drug, except marijuana. In 2006, more than 2.1 million teens ages 12 to 17 reported abusing prescription drugs. Among 12 and 13-year-olds, prescription drugs are the drug of choice. Many teens turn to prescription drugs because they think it's a safe way to get high.

There are serious health risks related to abuse of prescription drugs. A single large dose of prescription or over-the-counter painkillers or depressants can cause breathing difficulty that can lead to death. Even in small doses, depressants and painkillers have subtle effects on motor skills, judgment, and the ability to learn.

ENVIRONMENTAL IMPACTS

Drugs that are flushed down the toilet cannot be removed by the sewage treatment plant or septic system processes. The substances are released into waterways which can lead to contamination of surface and ground water. Recent environmental studies have found traces of pharmaceutical compounds in treated wastewater, rivers, lakes, groundwater, soil samples, and fish tissues. This continuous exposure to low levels of pharmaceuticals may have negative impacts on human health and the environment.

Why Should I Take the Time To Do This?

"More teens abuse prescription drugs than any other illicit drug, except marijuana."
It's your environment: Please don't flush! Please don't pour!

Proper Disposal of Prescription Drugs
Do not flush prescription drugs down the toilet or pour them down the drain, unless the label or accompanying patient information specifically instructs you to do so. If you need to dispose of prescription medication before the next Drop the Drug event, please follow the guidelines below:

- Take your prescription drugs out of their original containers.
- Mix drugs with an undesirable substance, such as cat litter or used coffee grounds.
- Put this mixture into a disposable container with a lid, such as an empty margarine tub, or into a sealable bag.
- Conceal or remove any personal information, including its number, on the empty containers by covering it with black permanent marker or by scratching it off.
- Place the sealed container with the mixture, and the

Bring your unused prescription and over-the-counter medications in the original bottles/containers to the following Save Mart Supermarket locations:
From 2:30 p.m. - 6:30 p.m.

Patterson 1035 Sperry Rd. Thursday, Sept. 10th	Oakdale 1449 East F St. Tuesday, Sept. 15th
Riverbank 2237 Charibel Rd. Thursday, Sept. 17th	Modesto 801 Oakdale Rd. Tuesday, Sept. 22nd
Modesto 415 Paradise Rd. Thursday, Sept. 24th	Modesto 2100 Standiford Ave. Tuesday, Sept. 29th

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Drop the Drugs Program

In 2009, The Stanislaus County Drug Enforcement Agency, in partnership with Stanislaus County BHRS, hosted the County's first "Drop the Drugs" Prescription Take Back Event.

Since its inception, the "Drop the Drugs" team has hosted over twenty events throughout Stanislaus County. With the assistance of additional county departments, the Drop the Drugs program has collected over 7,200 pounds of medications.

Drop the Drugs – CSU Stanislaus



Drop the Drugs – Community Wide



Drop the Drugs – Modesto Event



Program Implementation

Building on the already successful idea of a county-wide program, BHRS met with local law enforcement executives in an effort to build a partnership that would give community members access to permanent disposal boxes inside county law enforcement facilities.

In August 2013, Stanislaus County Sheriff Adam Christianson acknowledged the community need for a permanent disposal program and agreed to be the first law enforcement agency to partner with BHRS in the implementation of our county's FIRST permanent prescription medication disposal program.

Sheriff Adam Christianson

Program Implementation

To meet the requirements set forth by the Department of Justice, and in compliance with the Federal Regulation of Controlled Substances:

The Board of Supervisors, pursuant to Title 21, Code of Federal Regulations, section 1301.24(a)(2) may adopt an ordinance authorizing the Sheriff and his designees to possess pharmaceutical controlled substances in the performance of his/her duties.

Drop the Drugs

BHRS has re-designed our program advertisement to be applied to a mailbox type drop container that will be permanently mounted in the public area of 5 Sheriff's Department facilities throughout our county.



Community Partnerships

Drop the Drugs Prescription Disposal Program

HELP PROTECT STANISLAUS COUNTY

Unsecured prescription medications left in your home could be susceptible to diversion, misuse and abuse. The non-medical use of prescription drugs to get high ranks second only to marijuana as the most common form of drug abuse in America.



Protect Our Environment

Water contamination due to prescription medications being flushed down the toilet or drains creates significant threats to our environment.



Behavioral Health & Recovery Services
& Mental Health, Alcohol & Other Drug Services Organization
Department of Environmental Resources



Community Partnerships

Drop the Drugs Disposal Box Locations:

Stanislaus County Sheriff's Department
250 Hackett Rd, Modesto, CA 95358
(209) 525-7115
8:00am - 5:00pm

Sheriff's Department - Hughson
7018 Pine St., Hughson, CA 95326
(209) 883-4052
8:00am - 5:00pm

Sheriff's Department - Patterson
33 S. Del Puerto Ave., Patterson, CA 95363
(209) 892-5071
8:00am - 5:00pm

Sheriff's Department - Riverbank
6727 Third St., Riverbank, CA 95367
(209) 869-7162
8:00am - 5:00pm

Sheriff's Department - Waterford
320 'E' St., Waterford, CA 95386
(209) 874-2349
8:00am - 5:00pm

You may dispose of pills, liquids and over the counter medicine for confidential incineration. No Syringes Please

STAFF RECOMMENDATIONS

1. Authorize the Sheriff to place prescription drug drop off boxes in facilities, including those in contract cities; and
2. Authorize the Sheriff or designee to dispose of controlled substances, specifically prescription and over-the-counter medications; and
3. Find that the subject ordinance is not subject to California Environmental Quality Act (Public Resources Code sections 21000 et seq.); and
4. Introduce and waive the first reading of an ordinance adding Chapter 9.94 to the Stanislaus County Code to allow the Sheriff to operate a prescription medication disposal program

Questions