THE BOARD OF SUPERVISORS OF THE COUNTY OF STANISLAUS ACTION AGENDA SUMMARY	
DEPT: Health Services Agency was a	BOARD AGENDA # *A-3b
Urgent Routine	AGENDA DATE February 25, 2014
CEO Concurs with Recommendation YES NO (Information Attached)	4/5 Vote Required YES NO
SUBJECT:	
Approval to Proclaim March 2014 as National Nutrition Mon	ith in Stanislaus County
STAFF RECOMMENDATIONS:	
Proclaim March 2014 as National Nutrition Month in Stanis	aus County.
FISCAL IMPACT:	· · · · · · · · · · · · · · · · · · ·
There is no fiscal impact associated with the request.	
BOARD ACTION AS FOLLOWS:	
	No. 2014-64
On motion of Supervisor Withrow, Second seco	
Ayes: Supervisors: <u>O'Brien</u> Chiesa, Withrow, Monteith, and Chaim Noes: Supervisors: <u>None</u> Excused or Absent: Supervisors: <u>None</u>	
Abstaining: Supervisor: <u>None</u>	
1) <u>X</u> Approved as recommended 2) Denied	
3) Approved as amended	
4) Other:	
MOTION:	

NARO_

CHRISTINE FERRARO TALLMAN, Clerk

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STANISLAUS COUNTY NATIONAL NUTRITION MONTH MARCH 2014

Whereas, food is the substance by which life is sustained; and,

Whereas, the type, quality and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and,

Whereas, diet, nutrition and regular physical activity have never been more important in our fight against obesity and chronic diseases; and,

Whereas, with the multitude of unhealthy dietary choices available today, it is important for all to remember that access to fresh fruits, vegetables and low-fat protein are essential to a healthy community; and,

Whereas, adequate nutrition and regular physical activity is necessary for the critical maintenance of good health and quality of life; and,

Whereas, there is a need for continuing education and a wide scale effort to promote healthy habits and opportunities to make the healthy choice the easy choice; and,

Whereas, Stanislaus County Health Services Agency and its community partners have been collaboratively working towards transforming the community to improve the quality of life for county residents; and,

Whereas, the Stanislaus County Board of Supervisors has recognized healthy communities as a priority.

Now, therefore, be it resolved, that the Stanislaus County Board of Supervisors, in support of Healthy Eating Active Living, does hereby proclaim **March 2014 as National Nutrition Month** in Stanislaus County.