

THE BOARD OF SUPERVISORS OF THE COUNTY OF STANISLAUS
ACTION AGENDA SUMMARY

DEPT: Area Agency on Aging

BOARD AGENDA # B-14

Urgent

Routine

AGENDA DATE May 22, 2012

CEO Concurs with Recommendation YES NO
(Information Attached)

4/5 Vote Required YES NO

SUBJECT:

Approval to Accept a Report on Senior Program Demographic Data and Status of the Senior Meals Programs

STAFF RECOMMENDATIONS:

Accept the Report on Senior Program Demographic Data and Status of the Senior Meals Programs

FISCAL IMPACT:

There is no fiscal impact associated with this item. The Area Agency on Aging Fiscal Year 2011-2012 Adopted Final Budget of \$3,440,397 included funding to provide Older American Act (OAA) and Multiple Senior Services Program (MSSP) services.

BOARD ACTION AS FOLLOWS:

No. 2012-258

On motion of Supervisor Monteith, Seconded by Supervisor Withrow
and approved by the following vote,

Ayes: Supervisors: Chiesa, Withrow, Monteith, De Martini, and Chairman O'Brien

Noes: Supervisors: None

Excused or Absent: Supervisors: None

Abstaining: Supervisor: None

1) Approved as recommended

2) Denied

3) Approved as amended

4) Other:

MOTION:



ATTEST: CHRISTINE FERRARO TALLMAN, Clerk

File No.

DISCUSSION:

On May 8, 2012, staff was directed to return to the Board of Supervisors to give a report on matters pertaining to the Senior Meals Programs and access to senior services for the Hispanic population based upon a request for information from Miguel Donoso and John Mataka.

This item will provide a status update on the Senior Meals program for both home delivered and congregate site locations and demographic data for all programs provided by and through the Area Agency on Aging.

The Area Agency on Aging (AAA) contracts with the California Department of Aging (CDA) to provide Older Americans Act (OAA) and Multipurpose Senior Services Program (MSSP) services. The OAA serves individuals who are 60 years of age or older.

Area Agency on Aging (AAA) staff is required by the California Department of Aging to collect ethnicity and race data according to the method used by the Census Bureau. The estimated number of senior citizens in Stanislaus County, aged 60 and older, is 88,945. Of those senior citizens, 18,891 are identified as ethnically Hispanic, which is 21% of the senior population. The Following is a list of senior services provided by and through the Area Agency on Aging:

Service	Provider	6 Month		
		Totals	Hispanic	Percentage
Homemaker	Catholic Charities	161	19	12%
Assisted Transportation	Catholic Charities	164	26	16%
Home-Delivered Meals	Howard Training Center	1053	213	20%
Congregate Meals	Howard Training Center	950	165	17%
Family Caregivers	Area Agency on Aging	113	21	19%
Health Promotion	Healthy Aging Association	1212	282	30%
Senior Law Project	Senior Advocacy Network	321	86	27%
HICAP (Health Insurance Counseling Advocacy Program)	Area Agency on Aging	741	126	17%*
MSSP (Multipurpose Senior Services Program)	Area Agency on Aging	170	41	24%*
Information and Assistance	Area Agency on Aging	40	15	38%**

* 9 month totals

** 1 day total - varies according to the time of year

This data, which is submitted annually to the State, shows that 22% of senior services are accessed by Hispanic seniors. This is proportionate to the percentage of seniors that are Hispanic (21%) in Stanislaus County. However, the AAA recognizes the need to increase access and awareness of senior services in the community.

At the May 8, 2012 meeting, a request was made to form a task force to address the issue of access to services for the Hispanic senior population. It is recommended that the Commission on Aging form an ad hoc committee to develop a plan to increase outreach and access to services for all seniors, including minority populations in the community. The Commission on Aging is the local advisory board for the Area Agency on Aging and the Board of Supervisors. This commission meets regularly on all matters pertaining to seniors and provides leadership and advocacy on behalf of all senior citizens in Stanislaus County. It is recommended that the Commission on Aging reach out to other agencies during this effort to ensure a comprehensive response to these needs.

Senior Meals Programs

The Area Agency on Aging contracts with the Howard Training Center (HTC) to provide both congregate meal service and home delivered meals to seniors in Stanislaus County.

On an annual basis, the Congregate Meals Program serves approximately 65,000 meals at 14 Congregate Sites throughout the County. Hot meals are prepared daily at the central kitchen, and are required to provide one-third (1/3) of the recommended dietary allowance (RDA) based upon the current Dietary Guidelines for Senior Americans.

The Home-Delivered Meals Program provides approximately 135,000 meals to frail, homebound seniors. The meals are frozen, and consist of an entrée / vegetables, fresh milk, fruit or juice as needed. These meals must also provide one-third (1/3) of the recommended dietary allowance (RDA). The Home-Delivered meals have typically been delivered five days a week, except in rural areas of the County, where they are delivered three days a week.

Over the last 10 years, the national trend has shown a steady increase in the need for Home-Delivered Meals, with a decrease in Congregate Meals. Due to this national trend, the Administration on Aging allows a transfer of funding from Congregate Meals (C-1) to Home-Delivered Meals (C-2) of up to 30% of total available funding. The AAA has experienced the same trend here locally of increased need.

In Stanislaus County, the Home-Delivered Meals Program has experienced an 18% increase in demand, and available federal, state, and local funds to provide the program have been exhausted in the current fiscal year. In addition, the Congregate Meals Program has also experienced some additional growth during this fiscal year.

Approval to Accept a Report on Senior Program Demographic Data and Status of the Senior Meals Programs

Page 4

In anticipation of a significant increase in the demand for Home-Delivered Meals during the current fiscal year, the AAA reduced the contracted number of Congregate Meals from 84,100 (in FY 2010-11) to 60,000 in FY 2011-12, and increased the number of Home-Delivered Meals from 120,000 (in FY 2010-11) to 135,000 in FY 2011-12. Despite these actions, by the end of April Howard Training Center (HTC) exceeded the contracted number of meals.

Unfortunately, HTC and AAA didn't respond as quickly as necessary to address the impact of the increased need, resulting in a significant reduction in the number of seniors that received home delivered meals and a reduction in service days at Congregate meal sites. Significant process improvements are being implemented to ensure that this situation does not reoccur.

HTC has long relied on community donations and other sources of funding to supplement the Senior Meals program. The Community response to HTC's request for support has been significant and will allow the home delivery program to continue, serving the highest priority, homebound seniors through June 30, 2012. Out of the approximately 850 seniors who were being served during the current fiscal year, it is estimated that 200 seniors will continue to qualify for home delivered meals. These 200 seniors, who are 80+ years old, homebound, live alone or with another homebound senior.

It is anticipated that the demand for both Home-Delivered Meals and Congregate Meals will continue to increase, and available Federal, State, and local funding will remain stagnate or decrease slightly. Consequently, pending final approval from CDA, AAA staff anticipates continuing the prioritizing system for the Home-Delivered Meals Program, and serving meals three days per week at all Congregate Meal Sites in Fiscal Year 2012-13.

In addition, the AAA and HTC will implement process improvements to ensure that fiscal resources and service delivery balance. AAA staff will monitor both contracts (Congregate Meals and Home-Delivered Meals) closely throughout the new fiscal year to ensure program compliance, and will make additional modifications to the program as warranted. AAA will also provide the Board with quarterly written reports to better inform the Board of Supervisor and the public about this important program.

POLICY ISSUES:

Approval of this request supports the Board's priorities of A Healthy Community and the Efficient Delivery of Public Services by ensuring the continued delivery of meals to frail and homebound seniors and Congregate meal services at various locations within Stanislaus County.

STAFFING IMPACT:

Existing staff from the Area Agency on Aging will continue to provide support to these programs.

CONTACT PERSON:

Margie Palomino, Director. Telephone: (209) 525-4601

Area Agency on Aging

Stanislaus County Aging &
Veterans Services

Introduction

On May 8, 2012, staff was directed to return to the Board to give a report on:

- Senior Meals Programs
- Access to senior services for the Hispanic population

Introduction

The Area Agency on Aging contracts with the California Department of Aging to provide Older Americans Act and Multipurpose Senior Services Program services:

- Individuals **60+** years old
- Approximately **88,945** seniors 60+ in Stanislaus County

Demographics of our County

Of those senior citizens, **18,891 are identified as Hispanic, 21%** of the senior population.

Services & Service Providers

6 Month Service	Provider	Seniors Served	Hispanic	Percentage
● Homemaker	Catholic Charities	161	19	12%
● Assisted Transportation	Catholic Charities	164	26	16%
● Home Delivered Meals	Howard	1053	213	20%
●	Training Center			
● Congregate Meals	Howard	950	165	17%
●	Training Center			
● Family Caregivers	Area Agency	113	21	19%
● Health Promotion	Healthy Aging	1212	282	30%
● Senior Law Project	Senior Advocacy	321	86	27%
●	Network			
● HICAP	Area Agency	741	126	17%*
● MSSP	Area Agency	170	41	24%*
● Information Assistance	Area Agency	40	15	38%**
● *9 month totals				
● **One day total-vary according to the time of year				

Demographics of our County

This data, submitted annually to the State, shows that **22%** of seniors who access senior services in Stanislaus County are Hispanic.

This is proportionate to the percentage of seniors that are Hispanic (**21%**)

Looking Forward

Area Agency on Aging recognizes more can be done:

- The Commission on Aging (COA) is the advisory board for the Area Agency on Aging & the Board of Supervisors.
- COA to form an Ad Hoc committee.
- Committee to develop a plan to increase outreach and access to services for all seniors.

Senior Meals

The Area Agency on Aging contracts with Howard Training Center to provide both Congregate meal service and home delivered meals.

- Older Americans Act, Title III C1 and C2
- C1 Congregate Nutrition sites
- C2 Home Delivered Meals

Congregate Meals FY 2011/12

- Federal/State/Nutrition Supplemental Incentive Program (NSIP): **\$285,505**
- Program Income: **\$43,476**
- Cash Match: **\$128,027** (As of April 2012)
- In-Kind: **\$84,327**

Total: \$541,335

- Note: Required minimum match (10%)=
\$33,672

Congregate Meals

- 14 Congregate sites, **60,000** meals annually
- Hot meals, made fresh daily – meet
1/3 of Dietary Recommended Intake (DRI)
- Eligible to any older individual (60 or older)
- The Spouse of any older Individual
- A person < 60 who resides in senior housing where the meals are served, or who lives with older individual who participates in the program.

Home Delivered Meals

- **135,000** Meals delivered annually
- Eligible to any older individual who is 60 or older, frail, and homebound by reason of illness, disability, or isolation.
- Frozen entrée - meets 1/3 of Dietary Recommended Intake (DRI)
- Delivered five days week except rural areas (3-day week minimum)

Home Delivered Meals FY 2011/12

- Federal/State/Nutrition Supplemental Incentive Program (NSIP): **\$610,561**
- Program Income: **\$21,188**
- Cash Match: **\$70,443** (As of April 2012)
- In-Kind **\$4,992**

Total: **\$707,184**

- Note: Required minimum match (10%) = **\$63,494**

Increase in demand

- National trend reflects increase in Home Delivered Meals and decrease in Congregate Meals. Same trend locally, up **18%** from last year.
- In response, AAA:
 - Increased Home Delivered meals contract to 135,000.
 - Increased per meal reimbursement due to rising food and fuel costs.
 - Decreased the number of congregate meals to 60,000 anticipating continued decline.

Increase in demand

Despite these actions, by the end of April of this year, Howard Training Center exceeded the contracted number of meals:

- **61,024** congregate meals served (60,000 contracted)
- **143,371** home delivered meals (135,000 contracted)

Home Delivered Meals Response

- Implemented a priority list for Home delivered meals.
- Prioritized greatest need as those current homebound clients 80 or older that live alone and have no caregiver during the day.
- Of the approximate 300 clients 80 or older just under **200** qualifies as Priority 1.

Congregate Meals Response

- Reduced from 5 days/week to **3** days/week
- Those sites that were already only three days/week were **not** further reduced:
 - Modesto Senior Center
 - Riverbank
 - Grayson

Community Support

- Howard Training Center has long relied on community donations and other sources of funding to supplement the Senior Meals program.
- Community support has been **significant, \$28,000 has been donated** and will allow home delivery to continue to the highest priority, homebound seniors through **June 30, 2012**.

Implication for New Fiscal Year

- Anticipate continued demand for home delivered meals program.
- Area Agency on Aging will continue to prioritize home delivered meals program, serving Priority 1 clients.
- Continue reduced meals service days to 3 days/week.

Looking Forward

In addition, Area Agency and Agency and Howard Training Center will implement process improvements to ensure that fiscal resources and service delivery balance.

- Closely monitor program compliance
- Make modifications as soon as necessary
- HTC is applying for more grant funding
- AAA will provide the Board and public with quarterly updates

Howard Training Center

Claudia Miller, Executive Director

HTC Senior Meal Programs

May 21, 2012

Dear Stanislaus County Board of Supervisors:

I appreciate the opportunity to serve seniors in our community through the Senior Meal Programs.

As I am sure you are aware the Senior Meal Programs in Stanislaus County have grown considerably over the last few years. The Area Agency on Aging and HTC have worked together to meet the growing needs of seniors in our community. HTC has served more than the meals we have been contracted to serve in the past, and this year.

The regulations require that we serve all seniors who are eligible. We have done that to the best of our ability. Unfortunately the funding does not cover the number of seniors qualifying for meals. This fiscal year the need has out stripped resources. There is an 18% increase in the demand for home delivered meals.

We were contracted to provide 135,000 meals. We have provided 149,134 as of 5/21/2012. We have created a priority service for home delivered meals with the guidance of the Area Agency on Aging. This is a difficult task as the reasons seniors who are home bound need meals and their risk level is complex. We are serving only Priority 1 seniors through June 30, 2012. We are assessing how many seniors and meals can be served this next fiscal year utilizing the prioritization of service process.

The daily cost for home delivered meals ranges from \$2,952 to \$3,047/day to feed approximately 840 to 850 seniors. Funding to provide meals for everyone is exhausted: federal, state, Community Development Block Grant, FEMA, and donations. To serve the Priority 1 seniors (seniors living alone, 80 years and older) costs about \$5,000/week. The community has responded to this critical need and has made it possible to meet this commitment to the seniors of highest priority.

Effective May 7, 2012 we reduced the number of days congregate senior sites are open to only 3 days/week. This change affected 9 sites: Oakdale, Waterford, Hughson, Ceres, Mancini, Turlock, Patterson, Newman, Marple Manor, and Ralston Tower. HTC is contracted to serve 60,000 meals at congregate sites. As of May 21, 2012 we have served 64,754 meals. We have reduced 5 day/week sites to 3 day/week to reduce costs and continue serving meals through June 30, 2012.

We intend to serve the most frail seniors (80years and older meeting criteria) through June 30, 2012. We are doing everything in our power to obtain donations and additional funds. Current efforts have brought in over \$34,381. This provides almost 7 weeks of meals for Priority 1 seniors.

I am attaching detailed data to provide you with information regarding the presenting needs and funding shortage. We receive Federal, State and NSIP funding in the RFP

HTC Senior Meal Programs

grant from Stanislaus County. HTC competes for Community Development Block Grants, FEMA grants, and other grants to support the match and serve as many seniors as possible.

We have created an annual fund raiser just for the Senior Meal Programs. We continue to ask the community to partner with HTC to ensure that our senior meals program continues to deliver the necessary meals to our most fragile citizens. Donations can be made on the Howard Training Center web-site at www.howardtrainingcenter.com under the Support HTC tab, and by check and credit card by calling 209-593-5618.

Howard Training Center, teaching people to soar for over 59 years.

If you need further information key staff and I are available to meet with you.

Sincerely,



Executive Director

Howard Training Center
209-593-5617 direct
209-595-1844 cell
cmiller@howardtrainingcenter.com

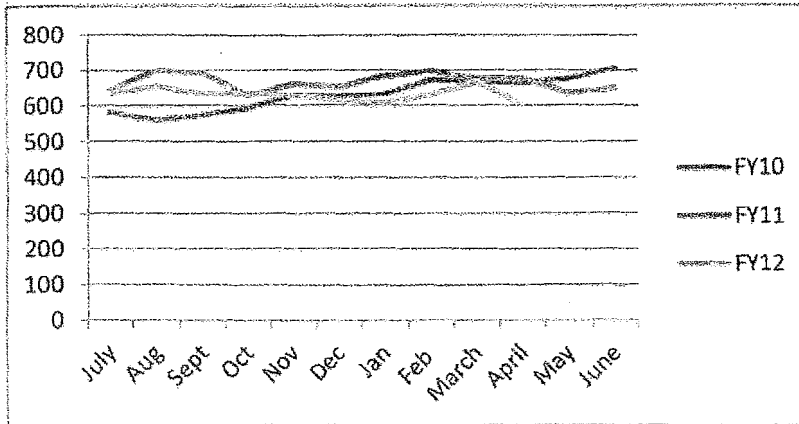
**Overview of Senior Meal Programs
FY 10 through FY 12 (May 21, 2012)**

HTC Senior Meal Programs

Howard Training Center - May 21, 2012

Senior Meals – Congregate Sites

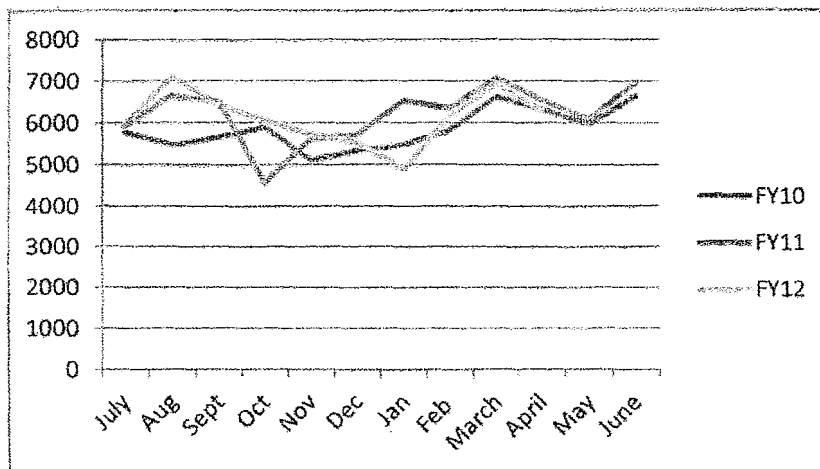
Seniors Served Monthly FY10 through FY12



Seniors Served at Congregate Sites Total FY

		YTD
FY10	FY11	FY12
7,579	7,994	6,310

Senior Meals Congregate Sites – Meals Served



Senior Meals Congregate Sites – Total Meals Served Total FY

		YTD
FY10	FY11	FY12
69,973	74,457	64,754

HTC Senior Meal Programs

Summary for Congregate Meals – May 21, 2012

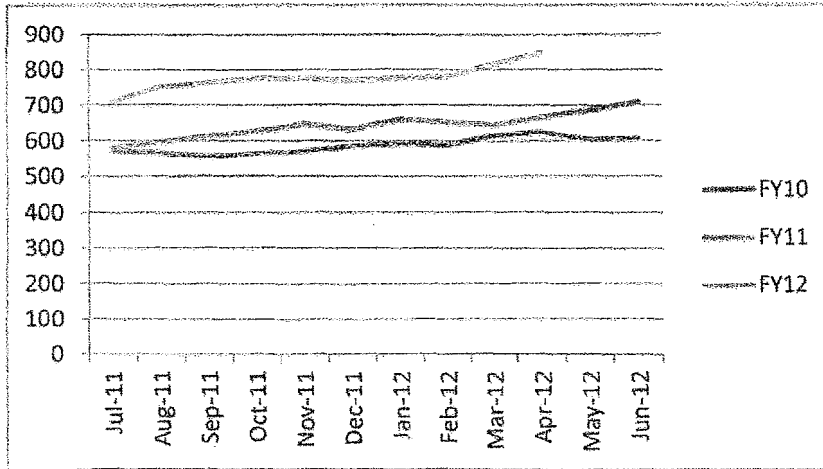
The need for congregate meals has remained steady over the last three years. HTC is contracted to serve 60,000 meals at congregate sites. As of May 21, 2012 we have served 64,754 meals. We have reduced 5 day / week sites to 3 days / week in order to reduce costs and continue serving meals through June 30, 2012. Between May 21 and June 30, 2012 we expect to serve approximately 5,162 additional meals.

HTC Senior Meal Programs

Howard Training Center - May 21, 2012

Senior Meals – Home Delivered

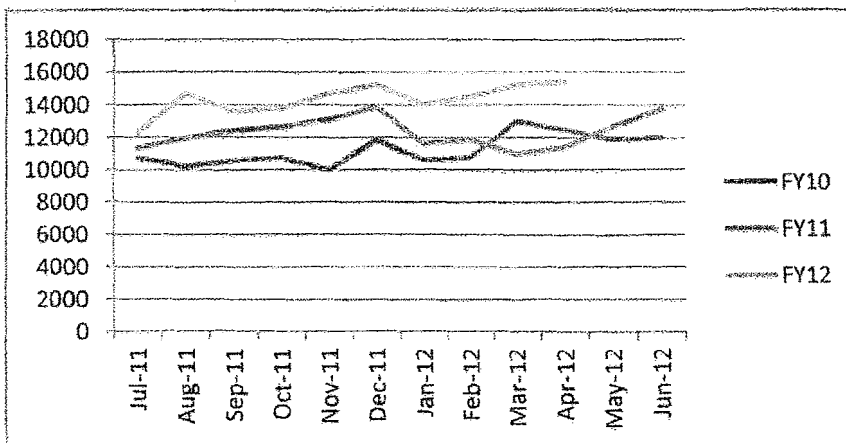
Seniors Served – Home Delivered Meals FY 2012 through FY 2012



Total Seniors Served FY

	FY10	FY11	YTD FY12
Total Seniors Served	7,041	7,714	7,765

Senior Meals Congregate Sites – Meals Served FY10 through 12



Senior Meals Home Delivered – Total Meals Served Total / FY

	FY10	FY11	YTD FY12
Total Meals Served	134,492	147,463	149,134

HTC Senior Meal Programs

Summary for Home Delivered Meals FY 2012 – May 21, 2012

This is an 18% increase over FY11. Regulations require HTC to serve seniors who qualify for meals. That is what we have done. HTC has provided as many meals as possible over the contracted amount (135,000). We are now forced to limit service to Priority 1 seniors and suspend meals for Priority 2 and Priority 3 seniors the remainder of the fiscal year (May through June 30, 2012).

July 1, 2012 the new funding cycle begins and we will be able to resume home delivered meals. We are working with Area Agency on Aging to determine priority of service and the most effective methods to control costs and serve the most eligible seniors. It may be necessary to change delivery to only 1 or 2 days/week to permanently contain costs so that as many seniors as possible will benefit from home delivered meals. There are several strategies being considered in the 2013 FY.

It costs about \$62,000 to \$64,000/month to provide 5 meals a day for about 840 to 850 seniors. The daily cost for home delivered meals ranges from \$2,952 to \$3,047. There are many seniors in need.

As of May 21, 2012 we have served 149,134 meals to home bound seniors. We project that we will serve an additional 7,500 meals by June 30, 2012.

FY Comparison (FY 10 through FY 12)

Unduplicated seniors

Meals Served

Poverty Levels

Donations

Funding Sources

HTC Senior Meal Programs

- **FY 12 (7/1/11 – 4/30/12)**

Congregate Sites (C1)

Served as of 4/30/12: 1,116 seniors 62,193 meals

44% in poverty

- 30% Very Low Income

- 21% Low Income

- 11% Moderate Income

- 4% Above Moderate Income

- 34% Income / Poverty level not disclosed

Homebound Seniors (C2)

Served as of 4/30/12: 1,290 seniors 143,371 meals

48% in poverty

- 32% Very Low Income

- 30% Low Income

- 10% Moderate Income

- 1% Above Moderate Income

- 27% Income / Poverty level not disclosed

Donations-Participants year to date

- o C1 \$ 37,709

- o C2 \$ 18,763

Funding Sources

- o Area Agency on Aging

- C1 \$ 286,102 / 60,000 meals

- C2 \$ 610,561 / 135,000 meals

- o Community Development Block Grants

- City of Modesto \$ 13,926

- City of Turlock \$ 15,000

- o Emergency Food and Shelter \$ 16,971

Total Funding \$ 925,589

See the March 31, 2012 Final Report Following for a detail accounts of revenue and expenses of C1 and C2 for this year.

HTC Senior Meal Programs

The ARC of Stanislaus
 dba HOWARD TRAINING CENTER
 COMP. STMT OF ACTIVITIES-FS-C1
 For the Nine Months Ending March 31, 2012

	PERIOD TO DATE			YEAR TO DATE		
	ACTUAL	PRIOR YEAR	PRIOR YR VAR	ACTUAL	PRIOR YEAR	PRIOR YR VAR
Revenue						
Funding Source Revenue						
Contributions-Indiv:FS-C1	550.00	\$1,909.49	(\$1,859.49)	\$4,981.60	\$6,399.40	(\$1,417.80)
Grants:FS-C1	0.00	10,328.08	(10,328.08)	26,524.99	43,815.57	(17,290.58)
County AAA:FS-C1	27,604.00	30,619.00	(3,015.00)	249,664.00	248,205.75	1,458.25
Misc. Revenue:FS-C1	4,435.98	3,893.03	542.95	37,709.16	35,173.84	2,535.32
Inkind Revenue:FS-C1	5,556.00	8,834.00	(3,278.00)	80,433.00	70,634.00	9,799.00
Total Funding Source Revenue	37,645.98	55,583.60	(17,937.62)	399,312.75	404,228.56	(4,915.81)
Production Revenue & Expenses						
Production Expense:FS-C1	(16,874.12)	(14,772.76)	(2,101.36)	(138,359.06)	(122,261.69)	(16,097.37)
W/C-Client:FS-C1	0.00	0.00	0.00	0.00	19.95	(19.95)
Production Costs Other:FS-C1	(1,792.84)	(4,130.67)	2,337.83	(18,215.72)	(21,247.62)	3,031.90
Total Production Revenue & Expenses	(18,666.96)	(18,903.43)	236.47	(156,573.78)	(143,489.36)	(13,084.42)
Total Revenue	18,979.02	36,680.17	(17,701.15)	242,738.97	260,739.20	(18,000.23)
Payroll Costs						
Wages:FS-C1	18,957.62	20,801.39	(1,843.77)	159,501.93	168,852.60	(9,350.67)
Payroll Taxes:FS-C1	1,435.03	1,562.17	(127.14)	10,568.66	12,675.02	(2,106.37)
W/C:FS-C1	1,708.83	916.87	791.96	12,890.50	9,728.01	3,162.49
Accrued Vacation:FS-C1	0.00	0.00	0.00	(2,864.23)	(1,743.71)	(1,120.52)
Employee Insurance:FS-C1	401.11	332.14	88.97	3,012.78	2,316.73	696.05
Total Payroll Costs	22,502.59	23,612.57	(1,109.98)	183,099.63	191,828.65	(8,729.02)
Net Revenue After Payroll Costs	(3,523.57)	13,067.60	(16,591.17)	59,639.34	68,910.55	(9,271.21)
Expenses						
Operating Expenses						
Accounting:FS-C1	100.90	106.65	(5.75)	906.25	3,559.66	(2,653.41)
Advertising:FS-C1	17.36	44.08	(26.72)	2,026.49	2,665.08	(638.59)
Alarm:FS-C1	135.00	0.00	135.00	1,471.61	74.25	1,397.36
Contract Services:FS-C1	67.26	52.36	14.90	746.46	1,888.59	(1,142.13)
Depreciation:FS-C1	80.00	85.00	0.00	720.00	800.00	(80.00)
Dues, Lic. & Permits:FS-C1	16.61	31.65	(15.04)	9,508.24	9,109.87	398.37
Equipment Lease FS-C1	236.92	141.87	95.05	2,086.40	1,598.29	488.11
Inkind Expense:FS-C1	5,556.00	8,834.00	(3,278.00)	80,433.00	70,692.70	9,740.30
Insurance-General:FS-C1	449.02	552.43	(103.41)	3,977.45	4,545.36	(567.91)
Interest Expense:FS-C1	2.45	3.18	(0.73)	24.25	70.72	(46.47)
Legal&Professional:FS-C1	0.00	0.00	0.00	284.43	0.00	284.43
Meetings:FS-C1	0.00	0.00	0.00	0.00	480.23	(480.23)
Miscellaneous:FS-C1	0.00	100.00	(100.00)	0.00	100.00	(100.00)
Postage:FS-C1	0.00	7.12	(7.12)	65.93	58.42	7.51
Property Tax:FS-C1	0.00	0.00	0.00	0.00	18.75	(18.75)
Rent:FS-C1	100.00	100.00	0.00	900.00	900.00	0.00
R&M-General:FS-C1	152.64	247.60	(94.96)	2,516.57	3,293.33	(776.76)
R&M-Equipment:FS-C1	163.71	17.97	145.74	782.64	958.95	(176.32)
R&M-Vehicles:FS-C1	1,039.33	581.55	457.78	6,879.18	4,889.44	1,989.74
Staff Development:FS-C1	0.65	69.47	(68.82)	769.19	748.87	20.32
Staff Recognition:FS-C1	0.00	0.00	0.00	103.06	79.96	23.10
Staff Recruitment:FS-C1	372.55	292.46	80.09	780.66	1,822.60	(1,041.94)
Supplies-General:FS-C1	16.20	39.14	(22.94)	1,685.36	3,028.94	(1,343.58)
Supplies-Medical:FS-C1	0.00	0.00	0.00	1.25	108.20	(106.95)
Supplies-Office:FS-C1	51.41	47.34	4.07	972.22	292.04	680.18
Telephone:FS-C1	649.51	583.23	66.28	5,760.06	5,185.73	574.33
Travel/Mileage:FS-C1	2,056.44	2,338.46	(282.02)	14,259.38	13,188.91	1,070.47
Utilities:FS-C1	701.78	630.62	71.16	8,364.39	8,237.93	126.46
Admin Allocation:FS-C1	1,091.67	807.13	284.54	9,214.75	6,950.31	2,264.44
Total Operating Expenses	13,057.41	15,708.31	(2,650.90)	155,039.22	145,547.14	9,492.08
Change in Net Assets before Resir Re	(16,580.98)	(2,640.71)	(13,940.27)	(95,399.88)	(76,636.59)	(18,763.29)
Restricted Revenue						
Total Restricted Revenue						
Change in Net Assets	(16,580.98)	(2,640.71)	(13,940.27)	(95,399.88)	(76,636.59)	(18,763.29)

FOR INTERNAL MANAGEMENT ONLY

HTC Senior Meal Programs

	PERIOD TO DATE			YEAR TO DATE		
	ACTUAL	PRIOR YEAR	PRIOR YR VAR	ACTUAL	PRIOR YEAR	PRIOR YR VAR
Revenue						
Funding Source Revenue						
Contributions-Indiv:FS-C2	\$0.00	\$0.00	\$0.00	\$500.00	\$0.00	\$500.00
County AAA:FS-C2	60,888.00	49,038.75	11,849.25	559,096.00	482,850.46	76,245.54
Misc. Revenue:FS-C2	1,922.77	1,632.00	290.77	18,763.06	16,252.32	2,510.74
Inkind Revenue:FS-C2	552.00	294.00	258.00	4,508.85	5,363.04	(854.19)
Total Funding Source Revenue	63,362.77	50,964.75	12,398.02	582,867.91	504,465.82	78,402.09
Production Revenue & Expenses						
Production Expense:FS-C2	(31,313.95)	(24,154.36)	(7,159.59)	(283,565.08)	(240,617.60)	(42,947.48)
Production Costs Other:FS-C2	(1,443.69)	(366.12)	(1,077.56)	(5,169.67)	(4,938.54)	(231.13)
Total Production Revenue & Expenses	(32,757.63)	(24,520.48)	(8,237.15)	(288,734.75)	(245,556.14)	(43,178.61)
Total Revenue	30,605.14	26,444.27	4,160.87	294,133.16	258,909.68	35,223.48
Payroll Costs						
Wages:FS-C2	18,704.15	17,480.64	1,223.51	173,938.84	155,008.98	18,931.86
Payroll Taxes:FS-C2	1,394.00	1,302.19	91.81	12,649.65	11,615.16	1,034.49
W/C:FS-C2	1,618.01	630.20	987.81	10,416.68	6,338.94	4,077.74
Accrued Vacation:FS-C2	0.00	0.00	0.00	(1,965.78)	1,891.83	(3,857.61)
Employee Insurance:FS-C2	733.89	607.69	126.20	5,000.94	5,316.46	(315.52)
Total Payroll Costs	22,450.05	20,020.72	2,429.33	200,040.33	180,169.37	19,870.96
Net Revenue After Payroll Costs	8,155.09	6,423.55	1,731.54	94,092.83	78,740.31	15,352.52
Expenses						
Operating Expenses						
Accounting:FS-C2	341.85	42.66	299.19	3,073.87	2,854.47	219.40
Advertising:FS-C2	26.03	55.62	(29.59)	2,312.75	3,839.65	(1,527.10)
Alarm:FS-C2	256.50	0.00	256.50	2,577.32	74.25	2,503.07
Contract Services:FS-C2	100.89	20.95	79.94	1,161.72	1,617.58	(455.86)
Depreciation:FS-C2	95.00	95.00	0.00	855.00	906.00	(51.00)
Dues, Lic. & Permits:FS-C2	28.65	12.66	15.99	814.94	715.07	99.87
Equipment Lease:FS-C2	418.72	155.16	262.56	3,703.29	1,534.70	2,168.59
Inkind Expense:FS-C2	552.00	294.00	258.00	4,508.85	5,363.04	(854.19)
Insurance-General:FS-C2	449.02	552.43	(103.41)	3,977.45	3,968.64	8.81
Interest Expense:FS-C2	4.09	2.88	1.21	38.58	42.55	(3.97)
Legal&Professional:FS-C2	0.00	0.00	0.00	426.65	0.00	426.65
Meetings:FS-C2	0.00	0.00	0.00	0.00	254.00	(254.00)
Postage:FS-C2	0.00	2.85	(2.85)	95.39	23.37	72.02
Property Tax:FS-C2	0.00	0.00	0.00	0.00	18.75	(18.75)
Rent:FS-C2	0.00	57.00	(57.00)	53.50	260.50	(207.00)
R&M-General:FS-C2	348.28	311.92	36.36	4,831.07	3,376.23	1,454.84
R&M-Equipment:FS-C2	362.94	17.97	344.97	1,638.20	2,361.83	(723.63)
R&M-Vehicles:FS-C2	1,908.24	2,838.98	(930.74)	15,654.39	22,388.90	(6,734.51)
Staff Development:FS-C2	0.98	134.45	(133.47)	773.02	1,929.29	(1,156.27)
Staff Recognition:FS-C2	0.00	0.00	0.00	154.60	31.99	122.61
Staff Recruitment:FS-C2	294.27	0.00	294.27	492.63	532.54	(39.91)
Supplies-General:FS-C2	33.48	56.47	(22.99)	2,302.81	1,308.02	993.79
Supplies-Medical:FS-C2	0.00	0.00	0.00	1.88	280.19	(278.31)
Supplies-Office:FS-C2	73.42	31.31	42.11	855.76	269.87	585.89
Telephone:FS-C2	310.94	546.57	(235.63)	2,947.88	3,457.89	(510.01)
Travel/Mileage:FS-C2	3,426.69	2,531.05	895.64	26,054.36	21,306.48	4,747.88
Utilities:FS-C2	982.26	665.47	316.79	11,693.66	7,986.78	3,706.88
Admin Allocation:FS-C2	1,150.68	807.13	343.55	9,712.85	6,950.31	2,762.54
Total Operating Expenses	11,164.93	9,233.53	1,931.40	100,712.42	93,654.09	7,058.33
Change in Net Assets before Restr Re	(3,009.84)	(2,809.98)	(199.86)	(6,619.59)	(14,913.78)	8,294.19
Restricted Revenue						
Total Restricted Revenue						
Change in Net Assets	(3,009.84)	(2,809.98)	(199.86)	(6,619.59)	(14,913.78)	8,294.19

FOR INTERNAL MANAGEMENT ONLY

HTC Senior Meal Programs

- **FY 11 (7/1/10 – 6/30/11)**

Congregate Sites (C1)

Served: 1,359 seniors 76,351 meals

9% increase in meals served from previous year

36% in poverty

- 28% Very Low Income

- 22% Low Income

- 12% Moderate Income

- 5% Above Moderate Income

- 33% Income / Poverty level not disclosed

Homebound Seniors (C2)

Served: 1,165 seniors 147,463 meals

10% increase in meals served from previous year

44% in poverty

- 30% Very Low Income

- 28% Low Income

- 8% Moderate Income

- 3% Above Moderate Income

- 31% Income / Poverty level not disclosed

Donations year to date

- o C1 \$ 46,109

- o C2 \$ 22,078

Funding Sources

- o Area Agency on Aging

- C1 \$ 364,154 / 84,100 meals

- C2 \$ 545,575 / 120,000 meals

- o CDBG & other misc. grants \$ 52,303

City of Modesto, City of Turlock, Stanislaus County, Emergency food & shelter, and Walmart.

Total Funding \$ 962,032

Funding from Area Agency on Aging of \$909,729 is 14% of HTC Total Revenue \$6,477,993.50 for FY

See the Schedule of Revenues and Expenses for the Year End June 30, 2011 following this page.

HTC Senior Meal Programs

THE ARC OF STANISLAUS
DBA HOWARD TRAINING CENTER
(A California Nonprofit Corporation)
SCHEDULE OF REVENUES AND EXPENSES-TITLE III NUTRITIONAL SERVICES
For the Year Ended June 30, 2011

	<u>C-1</u>	<u>C-2</u>	<u>Total</u>
<u>Revenues</u>			
Grants-AAA	\$ 285,931	\$ 554,314	\$ 840,245
Grants-AAA-OTO	59,912	36,882	96,794
Grants-NSIP	44,574	-	44,574
Grants-NSIP-OTO	2,019	-	2,019
Grants-CDBG	44,804	3,118	47,922
Grants-EPS	7,500	-	7,500
Donations-Participants	46,109	22,078	68,187
In-Kind Revenue	94,318	6,715	101,033
Donations-Others	76,389	30,000	106,389
Total Revenues	<u>661,556</u>	<u>653,107</u>	<u>1,314,663</u>
 <u>Expenses</u>			
Production Expense	208,065	316,576	524,641
Personnel Costs	257,242	235,273	492,515
Accounting	4,946	4,058	9,004
Advertising	2,958	3,991	6,949
Alarm	425	425	850
Contract Services	1,982	1,673	3,655
Depreciation	1,040	1,191	2,231
Dues & Licenses	9,606	1,475	11,081
Equipment Lease	2,100	2,037	4,137
In-kind Expense	94,377	6,715	101,092
Insurance-General	5,771	5,357	11,128
Interest Expense	92	53	145
Meetings	483	257	740
Miscellaneous	9,436	3,935	13,371
Postage	66	31	97
Property Tax	19	19	38
Rent	1,200	261	1,461
R&M General	4,082	4,440	8,522
R&M Equipment	990	2,387	3,377
R&M Vehicles	9,412	29,889	39,301
Staff Development	2,940	3,198	6,138
Supplies	3,766	2,354	6,120
Telephone	6,964	4,654	11,618
Utilities	10,960	10,859	21,819
Vehicle Fuel	19,954	29,715	49,669
OTO-Vehicles & Equipment	45,571	31,785	77,356
Admin Allocation	9,120	9,109	18,229
Total Expenses	<u>713,567</u>	<u>711,717</u>	<u>1,425,284</u>
Net Expenses over Revenues	<u>\$ (52,011)</u>	<u>\$ (58,610)</u>	<u>(110,621)</u>
Restricted Contributions -- Senior Meals 6-30-10			<u>6,838</u>
Restricted Contributions -- Senior Meals 6-30-11			<u>\$ (103,783)</u>

HTC Senior Meal Programs

- **FY 10 (7/1/9 – 6/30/10)**

Congregate Sites (C1)

Served: 1,363 seniors 69,973 meals

24% in poverty

- 31% Very Low Income

- 25% Low Income

- 14% Moderate Income

- 8% Above Moderate Income

- 22% Income / Poverty level not disclosed

Homebound Seniors (C2)

Served: 1,130 seniors 134,492 meals

34% in poverty

- 36% Very Low Income

- 32% Low Income

- 9% Moderate Income

- 2% Above Moderate Income

- 21% Income / Poverty level not disclosed

Donations year to date

- o C1 \$ 70,178

- o C2 \$ 21,836

Funding Sources

- o Area Agency on Aging

 - C1 \$ 313,467

 - C2 \$ 559,420

- o CDBG & Misc. grants \$ 30,572

 - City of Modesto, City of Turlock, Stanislaus County

 - Total Funding \$ 903,459

Funding from Area Agency on Aging of \$872,887 is 13% of HTC Total Revenue \$6,622,789.68 for FY

See the Schedule of Revenues and Expenses for the Year End June 30, 2010 following this page.

HTC Senior Meal Programs

THE ARC OF STANISLAUS
DBA HOWARD TRAINING CENTER
(A California Nonprofit Corporation)
SCHEDULE OF REVENUES AND EXPENSES-TITLE III NUTRITIONAL SERVICES
For the Year Ended June 30, 2010

	<u>C-1</u>	<u>C-2</u>	<u>C-1 Stimulus</u>	<u>C-2 Stimulus</u>	<u>Total</u>
<u>Revenues</u>					
Grants-AAA	\$ 208,986	\$ 412,920	\$ 51,340	\$ 36,897	\$ 710,143
Grants-AAA-OTO	11,707	43,821	-	-	55,528
Grants-NSIP	41,435	73,153	-	-	114,588
Grants-CDBG	35,174	13,138	-	-	48,312
Grants-EFS	15,986	-	-	-	15,986
Donations-Participants	70,178	21,836	-	-	92,014
In-Kind Revenue	85,962	8,551	-	-	94,513
Donations-Others	<u>74,236</u>	<u>35,712</u>	<u>9,464</u>	<u>6,802</u>	<u>126,214</u>
Total Revenue	<u>543,664</u>	<u>609,131</u>	<u>60,804</u>	<u>43,699</u>	<u>1,257,298</u>
<u>Expenses</u>					
Production Expense	139,893	301,872	47,237	5,880	494,882
Personnel Costs	236,125	208,467	9,163	18,109	471,864
Accounting	1,152	572	100	50	1,874
Advertising	3,411	5,039	50	4,000	12,500
Alarm	50	49	-	-	99
Contract Services	3,272	3,278	-	-	6,550
Depreciation	960	1,008	-	-	1,968
Dues & Licenses	7,390	2,423	-	-	9,813
Equipment Lease	1,109	1,048	-	-	2,157
In-kind Expense	85,962	8,551	-	-	94,513
Insurance-General	5,541	5,541	120	120	11,322
Interest Expense	225	261	-	-	486
Postage	64	32	-	-	96
Rent	1,200	-	-	-	1,200
R&M General	6,715	3,619	95	200	10,629
R&M Equipment	2,297	782	150	150	3,379
R&M Vehicles	6,994	17,834	1,950	3,065	29,843
Staff Development	2,023	1,696	-	-	3,719
Supplies	2,680	5,316	175	105	8,276
Telephone	7,116	4,675	-	-	11,791
Utilities	10,112	5,907	850	100	16,969
Vehicle Fuel	4,371	14,914	914	11,920	32,119
Admin Allocation	8,433	8,431	-	-	16,864
Equipment-OTO	<u>11,764</u>	<u>44,631</u>	<u>-</u>	<u>-</u>	<u>56,395</u>
Total Expense	<u>548,859</u>	<u>645,946</u>	<u>60,804</u>	<u>43,699</u>	<u>1,299,308</u>
Net Expense over Revenue	<u>\$ (5,195)</u>	<u>\$ (36,815)</u>	<u>\$ -</u>	<u>\$ -</u>	<u>\$ (42,010)</u>
Restricted Contributions – Senior Meals 6-30-09					<u>48,848</u>
Restricted Contributions – Senior Meals 6-30-10					<u>\$ 6,838</u>

**Congregate Site Schedule
Proposed C-2 Prioritization
May 21, 2012**

HTC Senior Meal Programs

Congregate Site Reduced Schedule of Operating Days

Effective May 7, 2012

The following sites were reduced from 5 to 3 days a week effective May 7th

Oakdale

Waterford

Hughson

Witmer Hall

Mancini Hall

Turlock

Patterson

Newman

Marple Manor

Ralston Tower

*The following sites will continue to operate at 3 days a week

Westley

Bodem

Riverbank

C2 Prioritization

Priority 1:

- **80 +** Homebound
- Lives alone or lives with spouse who is also homebound
- Both unable to drive

Priority 2:

- **70 – 79** Homebound
- Live alone or with spouse who doesn't drive
- Frail (1 ADL or more)

Priority 3:

- **60 +** Homebound
- Live with others who are not homebound

Effective 5/9/12.

Only serving Priority 1 as of 5/9/12. All seniors under P2 & P3 will be placed on suspend. New seniors requesting services will be placed on a wait list in the order received.

Donations
May 1 through May 21, 2012
For Senior Meal Programs

HTC Senior Meal Programs

The Community has donated a total of \$34,319.00 as of May 21, 2012.

A total of 157 donors

Largest donation: \$10,000.00

Smallest donation: \$5.00

Most Frequent donation: \$110.00

Average donation: \$218.59

Senior Meal Programs Status

May 15, 2012

Home Delivered Meals

1. We are serving Priority 1 Seniors through June 30, 2012 (approximately 221 seniors)
2. We have funding for almost 7 weeks for Priority 1 Seniors
3. As of May 15, 2012 there were 10 Priority 1 Seniors on the waiting list for meals

Congregate Meals

1. Congregate Meal Sites will operate 3 days / week through June 30
2. We have met our contract obligations of 60,000 meals served this Fiscal Year
3. The Stanislaus Community Foundation has indicated that the \$100,000 usually contributed to Senior Meals should be coming by the end of the current FY

We are continuing to seek donations for both programs. The first priority was to keep the Priority 1 Seniors who are home bound receiving meals.

We are working with the Area Agency on Aging to establish service criteria for the coming FY that addresses the increased demand and the available funding. A number of strategies are being looked at to determine the best combination to serve the most seniors and contain costs. These strategies include increasing the suggested donation, home delivery 2x/week, reduction in the number of congregate sites in Modesto, inclusion of income as part of the prioritization process, and other strategies.

We are continuing to build community support and donation base for the Senior Meals Program

We have received a \$10,000 equipment grant from Walmart in the recent MOWAA and Walmart Campaign. This grant will be used to obtain equipment to keep meals cold as per required in the grant.

Cost Summary to Provide a Meal

\$110 – serves a senior receiving home delivered meals for a month (22 days)

\$5,000 – serves 221 seniors (Priority 1) for 1 week (5 days)

HTC Senior Meal Programs

We are monitoring seniors, meals, and donations daily to most effectively serve the seniors, contain costs, and live within the budget