



# Stanislaus County

Department: Behavioral Health and Recovery Services

## MINUTES

|   |   |   |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
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| <b>Type of Meeting:</b>   | Cultural Competency, Equity and Social Justice Committee  |   |  | <b>Date:</b>  | April 10, 2017                                  |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b>Place:</b>   | Redwood Room, 800 Scenic Drive  |   |  | <b>Starting Time:</b>   | 9:00 am   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b>Facilitators:</b>  | Abraham Andres, Jorge Fernandez   |   |  | <b>Ending Time:</b>   | 10:30 am  |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b>Attendees:</b>   | <p align="center"><b><u>Behavioral Health &amp; Recovery Services Departments</u></b></p> <table border="0"> <tr> <td><b><u>CCESJC Co-Chairs</u></b><br/>Abraham Andres<br/>Jorge Fernandez</td> <td><b><u>Family Advocate</u></b><br/>Melissa Farris</td> <td><b><u>PG/LPS/EMO</u></b><br/>Pam Fleming</td> </tr> <tr> <td><b><u>Administrative Services</u></b><br/>Maggie Howard</td> <td><b><u>Genesis</u></b><br/>Amaeo Beasley</td> <td><b><u>Prevention</u></b><br/>Edwin Rivera</td> </tr> <tr> <td><b><u>ASOC</u></b><br/>Kristie Nelson-MRS<br/>Monica Avina – TRS<br/>Travis Curtis – TRS</td> <td><b><u>Housing</u></b><br/>Melissa McCay</td> <td><b><u>SED/SBS</u></b><br/>Jorge Contreras</td> </tr> <tr> <td><b><u>BHS Stanworks</u></b><br/>Amanda Mejia</td> <td><b><u>Human Resources</u></b><br/>Christi Golden</td> <td><b><u>SLT Sponsor</u></b><br/>Cherie Dockery</td> </tr> <tr> <td><b><u>CCESJC Community Liaison</u></b><br/>Luis Molina</td> <td><b><u>Leaps &amp; Bounds</u></b><br/>Luz Pulido</td> <td><b><u>SUD Treatment</u></b><br/>Charles Yarnell<br/>Steven Leonard</td> </tr> <tr> <td><b><u>CSOC</u></b><br/>Carla Skiles</td> <td><b><u>Medical Records</u></b><br/>Gloria Vargas</td> <td><b><u>Utilization Management</u></b><br/>Melanie Love</td> </tr> <tr> <td></td> <td><b><u>MHSA</u></b><br/>Dan Rosas</td> <td><b><u>Wellness Recovery</u></b><br/>Lynda Cambra</td> </tr> <tr> <td></td> <td><b><u>Outcomes/DMS</u></b><br/>Erica Inacio</td> <td></td> </tr> <tr> <td></td> <td><b><u>Patients' Rights</u></b><br/>Robyn Grayson</td> <td></td> </tr> </table> |   |  | <b><u>CCESJC Co-Chairs</u></b><br>Abraham Andres<br>Jorge Fernandez   | <b><u>Family Advocate</u></b><br>Melissa Farris | <b><u>PG/LPS/EMO</u></b><br>Pam Fleming | <b><u>Administrative Services</u></b><br>Maggie Howard | <b><u>Genesis</u></b><br>Amaeo Beasley | <b><u>Prevention</u></b><br>Edwin Rivera | <b><u>ASOC</u></b><br>Kristie Nelson-MRS<br>Monica Avina – TRS<br>Travis Curtis – TRS | <b><u>Housing</u></b><br>Melissa McCay | <b><u>SED/SBS</u></b><br>Jorge Contreras | <b><u>BHS Stanworks</u></b><br>Amanda Mejia | <b><u>Human Resources</u></b><br>Christi Golden | <b><u>SLT Sponsor</u></b><br>Cherie Dockery | <b><u>CCESJC Community Liaison</u></b><br>Luis Molina | <b><u>Leaps &amp; Bounds</u></b><br>Luz Pulido | <b><u>SUD Treatment</u></b><br>Charles Yarnell<br>Steven Leonard | <b><u>CSOC</u></b><br>Carla Skiles | <b><u>Medical Records</u></b><br>Gloria Vargas | <b><u>Utilization Management</u></b><br>Melanie Love |  | <b><u>MHSA</u></b><br>Dan Rosas | <b><u>Wellness Recovery</u></b><br>Lynda Cambra |  | <b><u>Outcomes/DMS</u></b><br>Erica Inacio |  |  | <b><u>Patients' Rights</u></b><br>Robyn Grayson |  | <p align="center"><b><u>Community Based Organizations</u></b></p> <p>Center for Human Services-<br/>Karina Lopez<br/> <b>El Concilio</b>-Teresa Guerrero,<br/>Beverly Perez<br/> <b>Empowerment Center</b>-Christina<br/>Kennney<br/> <b>Mental Health Board</b>- Carmen<br/>Maldonado<br/> <b>Sierra Vista</b>-Fernando Granados<br/> <b>Telecare</b> – Nora Martinez, Viridiana<br/>Munguia<br/> <b>The Bridge</b>-Pao Lee<br/> <b>The Last Resort</b>-Yelena Obando<br/> <b>Turning Point</b>-Ronnie LaGro<br/> <b>WMKKNC</b>-Red Hawk</p> | <p align="center"><b><u>Communities &amp; Lived Experience</u></b></p> <p><b>Child Welfare</b>-Kathleen<br/>Grundy<br/> <b>Consumer</b>-Stanley Bindner<br/> <b>Turlock Unified School District</b>-Jeanette Valencia</p> |
| <b><u>CCESJC Co-Chairs</u></b><br>Abraham Andres<br>Jorge Fernandez                   | <b><u>Family Advocate</u></b><br>Melissa Farris   | <b><u>PG/LPS/EMO</u></b><br>Pam Fleming   |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b><u>Administrative Services</u></b><br>Maggie Howard                                | <b><u>Genesis</u></b><br>Amaeo Beasley  | <b><u>Prevention</u></b><br>Edwin Rivera  |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b><u>ASOC</u></b><br>Kristie Nelson-MRS<br>Monica Avina – TRS<br>Travis Curtis – TRS | <b><u>Housing</u></b><br>Melissa McCay  | <b><u>SED/SBS</u></b><br>Jorge Contreras  |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b><u>BHS Stanworks</u></b><br>Amanda Mejia   | <b><u>Human Resources</u></b><br>Christi Golden   | <b><u>SLT Sponsor</u></b><br>Cherie Dockery   |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b><u>CCESJC Community Liaison</u></b><br>Luis Molina                                 | <b><u>Leaps &amp; Bounds</u></b><br>Luz Pulido  | <b><u>SUD Treatment</u></b><br>Charles Yarnell<br>Steven Leonard  |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b><u>CSOC</u></b><br>Carla Skiles  | <b><u>Medical Records</u></b><br>Gloria Vargas  | <b><u>Utilization Management</u></b><br>Melanie Love  |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
|   | <b><u>MHSA</u></b><br>Dan Rosas   | <b><u>Wellness Recovery</u></b><br>Lynda Cambra   |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
|   | <b><u>Outcomes/DMS</u></b><br>Erica Inacio  |   |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
|   | <b><u>Patients' Rights</u></b><br>Robyn Grayson   |   |  |   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b>Absent:</b>  | <p><b><u>ABSAP</u></b><br/>Gregg Clifton<br/> <b><u>IFT</u></b><br/>Debra Taylor<br/> <b><u>OASOC</u></b><br/>Colette West<br/>Kimberlee Hamilton<br/> <b><u>Peer Committee</u></b><br/>Monica Silva<br/> <b><u>Quality Services</u></b><br/>MaryCruz Vargas</p>  | <p><b><u>Training</u></b><br/>Jennifer Baker<br/>Bernadet Betyagoub<br/> <b><u>YFS</u></b><br/>Sandra Perez</p>   | <p align="center"><b><u>Community Based Organizations</u></b></p> <p>Aegis Treatment Centers –Vanessa Brown<br/> AspiraNet – Melissa Joslin<br/> Community Hospice – Sue Garcia<br/> Golden Valley Healthcare-Juan Villa<br/> LGBTQ-John Aguirre<br/> Livingston Community Health-Griselda Vazquez<br/> Mi Vida Empieza – Teresa Gomez, Marcos<br/>Gallardo<br/> NAMI-Lynn Padlo<br/> Parents United – Mike Klemin</p> | <p align="center"><b><u>Communities &amp; Lived Experience</u></b></p> <p>African American –<br/> Assyrian Wellness Collaborative–<br/>Carmen Morad<br/> Family-Children-Claudia Gallardo</p> |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |
| <b>No Representation:</b>   | <p><b><u>BHRS Programs &amp; Departments</u></b></p> <ul style="list-style-type: none"> <li>FSOC</li> </ul>   | <p><b><u>Community Based Organizations</u></b></p> <ul style="list-style-type: none"> <li>Community-based SUD Provider</li> <li>Catholic Charities</li> </ul> | <p><b><u>Communities</u></b></p> <ul style="list-style-type: none"> <li>ABCD Partners</li> <li>Faith/Spirituality</li> <li>Latin/Spanish-Speaking</li> <li>Law Enforcement</li> </ul>  | <p><b><u>Lived Experience</u></b></p> <ul style="list-style-type: none"> <li>Family- Adult</li> </ul>   |   |   |  |  |  |   |  |  |   |   |   |   |  |  |                                    |  |  |  |                                 |   |  |  |  |  |   |  |   |   |

| Order of Agenda Items                        | Presenter(s)    | Discussion   | Scheduled Actions                   | Person(s) Responsible | Target Date |
|--|-----------------|--|-------------------------------------|-----------------------|-------------|
| Welcome & Introductions                      | All             | Jorge Fernandez opened the meeting with welcome and introductions.   |                                     |                       |             |
| Approval of Minutes                          | All             | The March 2017 minutes were approved with no corrections.  |                                     |                       |             |
| CC Update Newsletter & Discussion            | Luis Molina     | The California Institute for Behavioral Health Solutions (CIBHS) is a non-profit agency that helps health professionals and agencies improve the lives of people with mental health and substance use challenges. This year CIBHS hosted a Cultural Competence Summit XX: Supporting Community Defined Practices with the goal to inform attendees about effective strategies for reaching out to diverse populations and to highlight successful activities that currently exist throughout the State. Stanislaus County BHRS was in attendance with attendees from various departments including Adult System of Care, Center for Human Services, BHRS Training Dept., and Prevention and Early Intervention (PEI) with a number of Community Members that they brought. The first half of each day was dedicated to keynote speakers sharing their experiences and contributions to the mental healthcare system at various levels ranging from County, State and Federal sectors. The second half of the day was devoted to workshop presentations that promoted learning and growth through culturally appropriate and culturally relevant mental health care to communities and consumers. |                                     |                       |             |
| Video From CalMHSA Highlighting PEI Programs | Abraham Andres  | Viewed video from CalMHSA Each Mind Matters California Mental Health Movement. In 2009 the California counties formed a California Mental Health Services Authority-CalMHSA. To collectively fund state wide initiatives aimed at reducing stigma, preventing suicide and improving student mental health. As counties we know that nearly 50% of adults in the United States will deal with a mental health challenge. PEI's concept behind is why do we have to wait until the individual is hospitalized to receive the services that they need. Early intervention is important and the importance of reaching out and engaging. It is very difficult for some individuals to come forward and ask for help. Items can be purchased online at Eachmindmatters.org. Empowerment Center holds an Anti-stigma Group on Fridays at 9 am. at the Empowerment Center.  |                                     |                       |             |
| Review of CLAS Standard # 1                  | Jorge Fernandez | Reviewed CLAS Standards # 1 PowerPoint presentation. The committee broke up into groups. Each group had a question to answer:<br><ul style="list-style-type: none"> <li>●What are <u>Effective</u> Care and Services?</li> <li>●How does <u>Equitable</u> Care and Services look like?</li> <li>●How can we provide <u>Understandable</u> Care and Services?</li> <li>●How can we provide <u>Respectful</u> Care and Services?</li> <li>●How do we integrate <u>Cultural Beliefs and Practices</u> in the Care &amp; Services?</li> <li>●What efforts are we making in providing Care &amp; Services in the Preferred <u>Language, Health Literacy Level</u>, and <u>Communication Needs</u> of our clients?</li> <li>●What are the elements of culture?</li> </ul>  | ●Email group activity to committee. | M. Avina              |             |

| Order of Agenda Items  | Presenter(s)   | Discussion  | Scheduled Actions | Person(s) Responsible | Target Date |
|--|----------------|---|-------------------|-----------------------|-------------|
| Consumer/Family Input  | All            | Thank you to Redhawk from WMKKNC for the Speaker Jam on April 8 <sup>th</sup> . Consumer voices were heard. Redhawk thanked all the speakers who were present.  |                   |                       |             |
| Training Update  | Jennifer Baker | None  |                   |                       |             |
| Announcements  | All            | <ul style="list-style-type: none"> <li>●Charles Yarnell-Save the Date Flyers in English and Spanish: Substance Use Disorder (SUD) Stakeholder Meetings April 21, 2017 1:30 p.m.–3:30 p.m. or May 4, 2017 9:00 a.m.–11:00 a.m. Sutter Health Education &amp; Conference Center 1700 McHenry Ave., Suite 60B. To RSVP, please contact Teresa Garibay at (209) 525-6119 or <a href="mailto:tgribay@stanbhhs.org">tgribay@stanbhhs.org</a> by 4/13/17.</li> <li>●Erica Inacio-Consumer Perception Survey May 15<sup>th</sup> – 19<sup>th</sup>. Please encourage all consumers to participate.</li> <li>●MHSA Three-Year Program and Expenditure Plan &amp; Annual Update FY 17-18 is available for review and comment from March 27 –April 25, 2017. To access the document, please go to <a href="http://www.stanislausmhsa.com">www.stanislausmhsa.com</a>.</li> <li>●Next month is National Mental Health Awareness month. Please be prepare to share.</li> </ul> |                   |                       |             |
| <b>Next Meeting:</b> May 8, 2017<br>Redwood Room, 800 Scenic Drive |                | <b>The Cultural Competency, Equity and Social Justice Committee meets on the second Monday of each month from 9:00 a.m. to 10:30 a.m., unless otherwise indicated.</b>  |                   |                       |             |
| Respectfully submitted by: Monica Avina                            |                |   |                   |                       |             |