

# November

Mon

Tue

Wed

Thu

Fri

**Meetings/Celebrations/ Closures:**  
 11/9-Housing Meeting  
 11/14-CLOSED FOR STAFF TRAINING  
 11/16- Friends Outside Presentation  
 11/17-CVOC /THANKSGIVING PARTY  
 11/23-24-CLOSED FOR THANKSGIVING  
 11/30-Advisory Committee/Behaviors

1  
 Cinema Support 9:00-10:00  
 Peer Support 10:30-11:30  
 Arts & Crafts 1:00-2:00

2  
 Duel Recovery 10:00-11:00  
 Addiction Support 2:00-3:00

3  
 Anti-Stigma 9:00-10:00  
 Support Meeting 10:00-11:00  
 Movies 10:00-  
 Karaoke 12:00-2:00

6  
 Goal Setting/Check In Group 9:00-10:00  
 Conflict Resolution 11:00-12:00  
 PTSD/Loss Support 1:00-2:00

7  
 Seasonal Support 9:00-10:00  
 Women's Group 10:30-11:30  
 Game Day! 11:00-12:00  
 Meditation & Journaling Group 1:00-2:00

8  
 Cinema Support 9:00-10:00  
 Peer Support 10:30-11:30  
 Men's Group 12:00-1:00  
 Art's & Crafts 1:00-2:00

9  
*Housing Meeting* 9:00-10:00  
 Duel Recovery 10:00-11:00  
 Addiction Support 2:00-3:00

10  
 Support Meeting 10:00-11:00  
 Movies 10:00-  
 Karaoke 12:00-2:00

13  
 Goal Setting/Check In Group 9:00-10:00  
 Conflict Resolution 11:00-12:00  
 PTSD/Loss Support 1:00-2:00

14  
**CENTER CLOSED FOR STAFF TRAINING**

15  
 Cinema Support 9:00-10:00  
 Peer Support 10:30-11:30  
 Arts & Crafts 1:00-2:00


16  
*Friends Outside* 9:00-10:00  
 Duel Recovery 10:00-11:00  
 Addiction Support 2:00-3:00

17  
*CVOC Presentation* 9:00-10:00  
**THANKSGIVING PARTY 11:00-2:00**

20  
 Goal Setting/Check In Group 9:00-10:00  
 Conflict Resolution 11:00-12:00  
 PTSD/Loss Support 1:00-2:00

21  
 Seasonal Support 9:00-10:00  
 Woman's Group 10:30-11:30  
 Game Day! 11:00-12:00  
 Meditation & Journaling Group 1:00-2:00

22  
 Cinema Support 9:00-10:00  
 Peer Support 10:30-11:30  
 Men's Group 12:00-1:00  
 Art's & Crafts 1:00-2:00

23  
**CENTER CLOSED IN RECOGNITION OF THANKSGIVING HOLIDAY**  


24  
**CENTER CLOSED IN RECOGNITION OF THANKSGIVING HOLIDAY**

27  
 Goal Setting/Check In Group 9:00-10:00  
 Conflict Resolution 11:00-12:00  
 PTSD/Loss Support 1:00-2:00

28  
 Seasonal Support 9:00-10:00  
 Women's Group 10:30-11:30  
 Game Day! 11:00-12:00  
 Meditation & Journaling Group 1:00-2:00

29  
 Cinema Support 9:00-10:00  
 Peer Support 10:30-11:30  
 Arts & Crafts 1:00-2:00

30  
*Advisory Committee* 9:30-11:00  
*Open-In-Service Behaviors* 11:00-12:00  
 Addiction Support 2:00-3:00



Sponsored by the Stanislaus County Board of Supervisors Behavioral Health and Recovery Services



The Empowerment Center  
 1001 Needham St, Modesto, CA  
 209-544-1913

## Leaps and Bounds

The Leaps and Bounds Program is an outpatient behavioral health program focused on serving infants, toddlers and pre-school children, 0-5 years of age and their families.

Services are provided in the office, community and the homes of the families receiving services.

Consultation services are also provided by Leaps and Bounds at area pre-schools and early child care settings.

Early intervention services are provided to families and professionals through the Outpatient, Consultation and Prevention Services.

### Program Staff Include:

- Clinicians
- Consultants
- Case Managers
- Parent Mentors
- Psychiatric Nurse
- Psychiatrist



Funding made possible by the Stanislaus County Board of Supervisors:

Kristin Olsen

Vito Chiesa

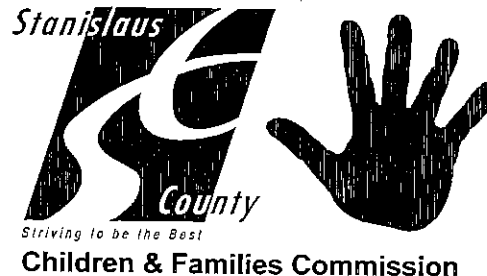
Terry Withrow

Dick Monteith

Jim DeMartini

*A collaboration between  
Stanislaus County Children & Families  
Commission, Stanislaus County Office  
of Education and Stanislaus County  
Behavioral Health and Recovery  
Services*

[www.co.stanislaus.ca.us](http://www.co.stanislaus.ca.us)



Stanislaus County  
Behavioral Health and Recovery  
Services

Children's System of Care

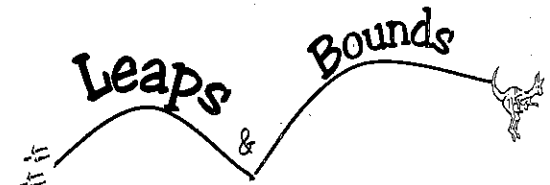
## Leaps and Bounds

4640 Spyres Way  
Bldg. B, Ste. 7  
Modesto, CA 95356

Phone: 209-558-4595  
Fax: 209-558-8031

Serving Children Ages 0-5  
and their Families as a part of the

*Zero to Five  
Early Intervention Partnership*



## Outpatient Services

- Services are centered on the relationship between the family and the child
- The focus is on enhancing the strengths of the relationship within the family
- Assistance is given to the family in meeting parenting challenges
- Services are strength based, family focused, outcome driven and parent/child centered

### Services Include:

Mental Health Assessment

Psychotherapy

Case Management

Advocacy & Support

Medication Services

Referrals & Resources

## Consultation Services

- Assist the pre-school and early child care setting in solving a specific issue that affects more than one child, staff member and/or family
- Helps to address the factors that contribute to an individual child and/or family's difficulties in functioning well in the pre-school or early child care setting
- Useful solutions are found to address concerns and questions regarding the child's social-emotional skills and behaviors

## Prevention Services

- Participation in Community Events
- Education of Professionals and Families
- Community Capacity Building

## Goals of the Program

- Reduce the risk of emotional, behavioral and developmental problems for young children
- Establish trusting and collaborative relationships with families
- Assist families in developing strong relationships with their young children
- Education about the development of young children (infants, toddlers and preschool age)
- Collaborative partnerships serving families within Stanislaus County
- Provide appropriate community referrals and resources

**For questions or referral information, please call:**

**209-558-4595**