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ADULT DAY CARE

Bethany Adult Day Services599-1593

ALCOHOL & DRUG ABUSE

Stanislaus County Behavioral Health & Recovery Services1-888-376-6246

ALZHEIMER'S / DEMENTIA

Alzheimer's Association ..1-800-272-3900
 Alzheimer's/Dementia Support..577-0018
 Valley Caregiver Resource -----
 Center1- 800-541-8614

CAREGIVER SUPPORT

Alzheimer/Dementia Support....577-0018
 Community Hospice578-6300
Family Caregiver Support Program **558-8698**
 Friends Are Good Medicine – For a list of Support Groups Call 209- 602-4311
 Valley Caregiver Resource - -
 Center1- 800-541-8614

COMMUNITY INFORMATION

United Way – Information and Referral - Dial 211
 Or toll free.....1- 877- 211-7826

COUNSELING

Center for Human Services 526-1440
 Stanislaus County Behavioral Health.....1-888-376-6246
 Emergency Mental Health and Peer Phone Support 558-4600
PROJECT HOPE **558-8698**
Peer and Professional Counseling

DEATH & BEREAVEMENT

Bristol Hospice 384-1415
 Community Hospice, Inc. 578-6300
 Covenant Care Hospice 664-2550
 Optimal Hospice Care 338-3000
 Funeral Consumers Alliance Of Stanislaus/Merced Counties..... 521-7690

SERVICES FOR THE DISABLED

American Cancer Society..... 524-7241
 Disability Resource Agency for Independent Living..... 521-7260
 Howard Training Center-(ARC) for the Developmentally Disabled 538-4000
 Society for Disabilities 524-3536
 Stroke Resources Inc..... 521-1786
 United Cerebral Palsy577-2122
 Valley Mountain Regional Center.... 529-2626
 Visually Impaired Persons Support .. 846-9027

DRIVER'S EDUCATION

Safe Driving Classes – 55 +

Doctor's Medical Center 1- 888-284-6641
 Modesto Senior Center 341-2974
 Oak Valley Hospital 847-5121
 Ripon Memorial Library 599-2601

EDUCATION

Ceres Adult School556-1557
 Modesto Institute for Continued Learning (MICL)575-6063
 Modesto Junior College575-6498
 Turlock Adult School.....667-0643

ELDER ABUSE AND FOR EMERGENCIES

IN AN EMERGENCY CALL911
 Adult Protective Service 558-2637
 Or toll free..... 1-800-336-4316
Ombudsman of Modesto.... 529-3784
 State Ombudsman..... 1-800 - 231-4024
 Licensing for Residential Care Facilities 1-800-554-0354
 Dept. of Health Services Licensing & Certification of SNF.....1-916- 263-4700
 Haven Women's Center 577-5980
 Stanislaus Elder Abuse Prevention Alliance (SEAPA) 529-3784
 SCAM Line 209 - 996-7226

EMERGENCY RESPONSE

ALERT Medical Response..... 634-5555
 Alert1 Medical Response..1-888-997-5648
 Philips Lifeline.....1-800-543-3546
 Response Link..... 1-800-894-1428

EMPLOYMENT & TRAINING

SER-Jobs for Progress, Inc. Senior Community Service Employment Program.....576-6071
 Central Valley Opportunity Center (CVOC) 577-3210

FINANCIAL

Cal Fresh.....1-877-652-0734
 Clear Point Credit Counseling Solutions..... 1- 800 -750-2227
 CVOC Rent Assistance 577-3210
 CVOC-Weatherization 541-0496
 CVOC - HEAP 537-9217
 Social Security 1-888-748-7698
 Social Security & SSI... 1-800-772-1213
 Salvation Army - Utility Assistance 523-7577

FITNESS

Burris Pool -Indoor Pool for Seniors and Disabled Adults.....577-5344
Healthy Aging Association Young At Heart, and Fall Prevention **523-2800**

FOOD AND NUTRITION

Commodities 577- 3600
 CSFP Commodities 538-9700
 Cal Fresh 1-877-652-0734
 Gospel Mission 529-8259
Home Delivered Meals and Congregate Sites **593-5633**
 Community Sharing Christian Center in Oakdale 847-3401
 Interfaith Ministries 572-3117
 Riverbank Christian Food Sharing 869-3710
 Salvation Army - Emergency Food 523-7577
 Salvation Army - Turlock 667-6091
 United Samaritan's Foundation 668-4853

HICAP

Health Insurance Counseling & Advocacy Program ... 209- 558-4540
Or toll free 1-800-434-0222

HEALTH SERVICES

Eye Care America1-800-222-3937
Or visit: www.eyecareamerica.org
Golden Valley Health & Dental Centers.....1-866-682-4842
HSA Main..... 558-7000
Ceres Medical Office..... 541-2929
Hughson Medical Office..... 558-7250
Paradise Medical Office.....558-4000
McHenry Medical Office558-5312
Turlock Medical Office664-8000
Maino Health Library..... 523-0732
Denti-Cal1 -800-322-6384
Medi Cal.....1-877-652-0734
Indigent Health Program..... 558-7232
Medicare1- 800-633-4227
Need a Dentist.....1- 800-510-7765
Physicians Referral Service.... 550-8300

HOME REPAIRS

City of Modesto 577-5211
City of Patterson557-2007
City of Riverbank 863-7126
City of Turlock 668-5610
C.V.O.C. Weatherization..... 541-0496
Housing Authority 557-2007
USDA – Loans - (209) 722-4119 Ext. 4

HOUSING

Community Housing Shelter Services & Counseling Assistance 527-0444
(Rent /Deposit Assistance)..... 527-0415
Community Impact Central Valley..... 572-2437

HOUSING Cont'd

Housing Authority of Stanislaus County - Home Repair Program..... 557-2007
Modesto Gospel Mission..... 529-8259
Project Sentinel (Fair Housing)..... 236-1577
To obtain a Housing List 558-8698

IN-HOME SERVICES

Catholic Charities:
Homemaker Program529-3784
In Home Supportive Services Program (IHSS) 558-2637
Link 2 Care (IHSS Provider list).....558-1650
To obtain an In Home Care Private Agency List, call..... 558-8698

CASE MANAGEMENT-65 + Medi-Cal Multipurpose Senior Services Program (MSSP) 558-2346

LEGAL ASSISTANCE

Lawyers Referral Service 571-5727
(There is a \$60.00 charge for 30 minutes)
Project Sentinel (Fair Housing).... 236-1577
Senior Law Project 577-3814
Senior Legal Hot Line1- 800 - 222-1753

MEDICAL EQUIPMENT

Loan Closet:
Society for Disabilities 524-3536

SENIOR CENTERS

Ceres Community Center 538-5628
Hughson Community Center 883-4055
Modesto Senior Center..... 341-2974
Oakdale Senior Center 845-3566
Patterson Senior Center..... 895-8180
Turlock Senior Center 668-5594
Senior Center Without Walls....-877-797-7299

TRANSPORTATION

MOVE - Transportation that Changes Lives
Bridges Volunteer Driver Program. 522-2300
Bus Line Service of Turlock..... 668-5600
Catholic Charities - Assisted Transportation 593-6112
Ceres Area Transit (CAT)..... 527-4991
MEDIVAN 1-800-262-1516
Modesto Area Express (MAX)..... 521-1274
Modesto Dial-A-Ride 527-4900
Newman/Patterson1-800-262-1516
Riverbank / Oakdale..... 1-800-262-1516
StaRT Bus and Runabout ... 1-800-262-1516
Valley Medical Transport.... 1-888-994-4868
Waterford Dial-A-Ride 1-800-262-1516

VETERANS SERVICES OFFICE.. 558-7380
Modesto Veterans Center 569-0713
V.A. Medical Clinic..... 557-6200
Supportive Services for Veterans (Housing/Homelessness) 209 - 396-6940

VISITING PROGRAMS

Friendly Visitor Program 558-8698
HAWK – Safety Home Visits by Modesto Police Volunteers 342-6150
Retired & Senior Volunteer Program 529-3784

VOLUNTEER SERVICES

Advancing Vibrant Communities.... 544-9571

District 1- Kristin Olsen
District 2- Vito Chiesa
District 3- Terry Withrow
District 4- Dick Monteit,
District 5- Jim DeMartini



Prepared by Stanislaus County
Area Agency on Aging March, 2017

Senior Information Line



Connecting Seniors & Caregivers to services in Stanislaus County

Call us, we can help

(209) 558-8698

For help elsewhere in California
1-800-510-2020

Nationwide helpline
Elder Care Locator
1-800-677-1116

Our Hours:
Monday – Friday
8:00 – 4:30

Area Agency on Aging
3500 Coffee Road, Suite 19
Modesto, CA 95355
www.agingservices.info

Sponsored by the Assyrian Wellness Collaborative

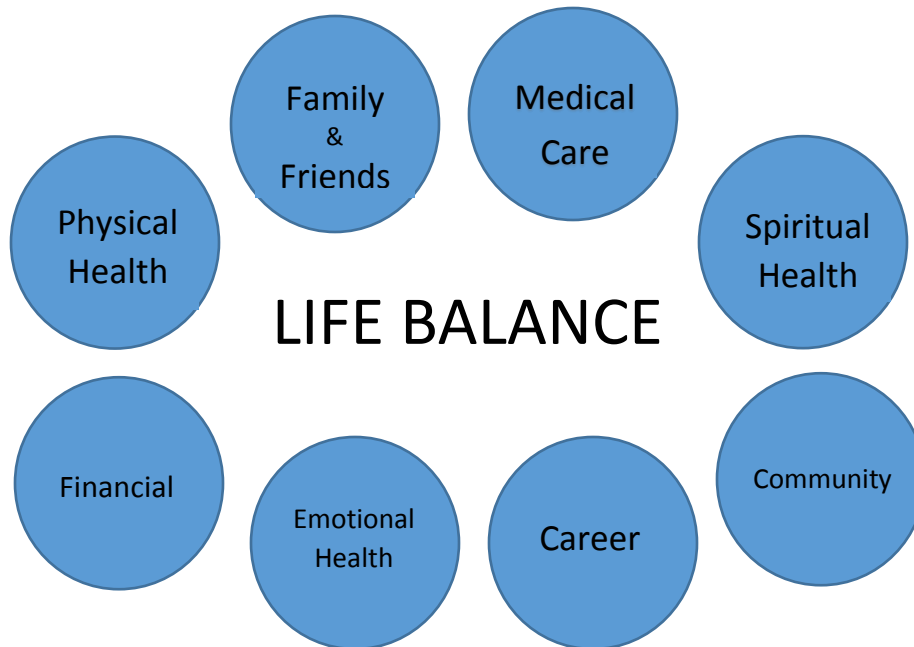


Community Health & Wellness Fair

Sunday, October 22nd, 2017

Location: Assyrian American Civic Club
2618 North Golden State Blvd, Turlock

Time: 2pm – 5pm



Come and join us in getting to know your local Medical Providers, Dental Providers, Chiropractors, Vision, and Behavioral Health Clinicians. There will be booths with various community resources for health education to answer your questions. Refreshments will be served.

For information contact: Janet Atanous 209-402-0006/Flora
Jacob 209-324-6768/Ramsina Betsayad 209-535-5393



HAPPY

HALLOWEEN

OCTOBER 30TH FROM 10AM-2PM

@Harvest Hall

3800 Cornucopia Way

Modesto CA 95358

Come on in and join us for a spook-tacular time! The Empowerment Center and ISA invites their members to celebrate Halloween with a day full of fun activities! There will be food, music, games, craft tables and a costume contest!

This event is FREE to the members of the Empowerment Center and ISA. Membership is free, and is offered to adults with psychiatric disabilities and their families.

RSVP 209-544-1913



Sponsored by the Stanislaus County
Board of Supervisors
Behavioral Health and Recovery Services
A Mental Health, Alcohol and Drug Service





About Project Hope

Project Hope is offered by the Stanislaus County Area Agency on Aging. Services include simple visits from a friendly volunteer, peer support, as well as professional support from trained counselors.

Project Hope also works to connect seniors through various community groups.

For more information about Project Hope services please call and speak with one of our staff members.

(209) 558-8698 or 1 (800) 510-2020

www.agingservices.info

Hours: 8:00 a.m. - 4:30 p.m.
Monday - Friday

LONELINESS **FRUSTRATION**

Why do I feel this way?

Often the losses we endure as we age: loss of loved ones, our independence, our health, etc., can lead to feelings of loneliness, sadness, frustration, or anxiousness. These feelings may interfere with how well we function, how active we are, and our relationships with others. These feelings can negatively affect our health and quality of life. There are things we can do to help ourselves feel better.

Call Project Hope - We can help!



Project Hope is sponsored by the Stanislaus County Board of Supervisors & Behavioral Health and Recovery Services

www.stanislausmhsa.com



PROJECT HOPE

Supporting Older Adults

Free in-home services that provide emotional support and social visits to older adults.

(209) 558-8698

Stanislaus County Area Agency on Aging



*"Once you choose hope,
anything's possible."*

- Christopher Reeve

What to Expect

A caring staff member will come to your home and explain the details of our Project Hope programs, as well as other available services and local resources.

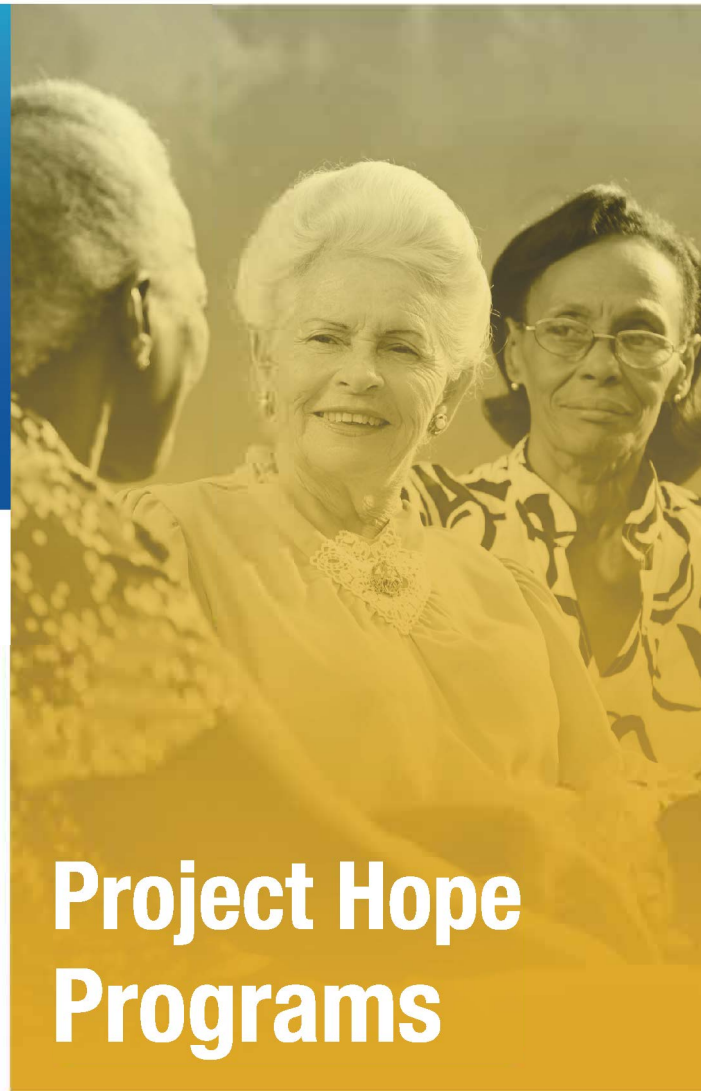
There is never a charge or cost for our services. All volunteers and staff are pre-screened and go through a background check. Please call for more information. All calls are completely confidential.

Eligibility

These programs are for seniors age 60 or older who reside in Stanislaus County. Participation is voluntary. Clients may stop services at any time.

60 Years or older

Stanislaus Resident



Project Hope Programs

Friendly Visitors

Friendly Visitors are volunteers who come to your home for social visits and support. Visits are usually twice a month for at least one hour. Activities may include reading together, playing cards, having coffee and conversation, playing games, going for walks; the opportunities are endless!

Peer Support

Volunteer Senior Peer Counselors are trained to provide support to someone experiencing sadness, stress, or other difficult feelings due to common life changes, health problems, loss, or any other challenging situation. Volunteers are seniors themselves and often share similar life experiences and can offer comfort and understanding. Senior peer counselors can provide support for up to 8 sessions on a bi-weekly basis.

Professional Support

For those whose needs are best met through professional counseling, our Master's Level Social Workers provide short term counseling in the home environment. Clinicians are professionally trained and registered/licensed by the State of California to help individuals negotiate life's changes and challenges. Clinicians typically provide up to 8 counseling sessions to support seniors in meeting their goals. Clients have the option to receive support services in the comfort of their home or in our office.

For more information about any of our programs or services please call: (209) 558-8698 or 1(800) 510-2020

HICAP

Health Insurance Counseling & Advocacy Program ... 209- 558-4540
Or toll free 1-800-434-0222

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Prepared by Stanislaus County
Area Agency on Aging – September, 2017

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 DayOut – ADHC-CBAS 388-9175
 Modesto Adult Day Program 622-0963

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 Response Link..... 1-800-894-1428

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 SER-Jobs for Progress - The National Program 576-6313
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 Money Management
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 CVOC Rent Assistance 577-3210
 CVOC-Weatherization 541-0496
 CVOC - HEAP 537-9217
 Social Security 1-888-748-7698
 Social Security & SSI.... 1-800-772-1213
 Salvation Army - Utility Assistance 523-7577

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 Riverbank Christian Food Sharing 869-3710
 Salvation Army - Emergency Food 523-7577
 Salvation Army - Turlock 667-6091
 United Samaritan's Foundation 668-4853

West Modesto Community Collaborative
Zephyr Clarke Wellness Drop-in Center
Presents

SPEAKER JAM



Join us as we celebrate recovery and wellness!
Come and hear our speakers and partake in this
celebration.

Family friendly event

SATURDAY, NOVEMBER 11TH, 2017
11:00 A.M. to 2:00 P.M.

King Kennedy Memorial Center
601 S. Martin Luther King Dr.
Modesto, CA 95351

**Raffle
Prizes**

WEST  **MODESTO**
Community Collaborative

ART 
SPEAKERS,
VENDORS

For More Information Please Contact
Kevin "Redhawk" Darnelle
209.544.3743 or 209.522.6902

FOOD &
MUSIC 

West Modesto Community Collaborative
601 S. Martin Luther King Drive • Modesto, CA 95351 • Phone: 209.522.6902 Fax: 209.846.6000