

## AOT Checklist

Assisted Outpatient Treatment  
Completed by BHRS Mental Health Clinician II

There are some important facts which must be alleged in a Petition under AOT. This checklist is a listing of these facts. All cites below are to the California Welfare and Institutions Code.

- A qualified party is requesting AOT for an individual [see 5346(b)(2)]
- The individual is in Stanislaus County, or reasonably believed to be in Stanislaus County
- There are nine 5346(a) Criteria to be met:
  - The individual is 18 years of age or older
  - The individual is suffering from a serious and persistent mental illness (SPMI) [see para, (2) and (3) of 5600.3(b)]. (this excludes individuals with a primary diagnosis of dementia and organic brain damage without an additional qualifying diagnosis of a SPMI)
  - There has been a clinical determination that the individual is unlikely to survive safely in the community without supervision.
  - The individual has a history of lack of compliance with treatment for his or her SPMI has, at least twice within the last 36 months, been a substantial factor in necessitating hospitalization, or receipt of services in a forensic or other mental health unit of a state correctional facility or local correctional facility, not including any period during which the person was hospitalized or incarcerated immediately preceding the filing of the petition.
    - The individual's SPMI has resulted in one or more acts of serious and violent behavior toward himself or herself or another, or threats, or attempts to cause serious physical harm to himself or herself or another within the last 48 months, not including any period during which the person was hospitalized or incarcerated immediately preceding the filing of the petition.
    - The individual has been offered an opportunity to participate in a treatment plan by the director of the local mental health department, or his or her designee, provided the treatment plan includes all of the services described in Section 5348 and the person continues to fail to engage in treatment.
  - The individuals condition is substantially deteriorating
  - Participation in the assisted outpatient treatment program would be the least restrictive placement that is appropriate and feasible, and necessary to ensure the persons recovery and stability.
  - In view of the individual's treatment history and current behavior, the person is the need of assisted outpatient treatment in order to prevent a relapse or deterioration that would be likely to result in grave disability of serious harm to himself or herself, or to others, as defined in Section 5150.
  - It is likely that the individual will benefit from assisted outpatient treatment.
- The treatment Plan recommended for AOT involves services actually available from Stanislaus County Behavioral Health and Recovery Services.
- An exam of the individual was completed or attempted.