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## **News Release**

For Immediate Release October 6, 2015

Contact: Jim DeMartini (209) 525-4470

## Biggest losers weigh out to find winner

Stanislaus County, CA - On Thursday, October 15, 2015, six teams of West Side residents from Newman, Patterson and Gustine will climb back on a giant scale to see which team lost the most weight over the eight week contest to claim the title of "Biggest Loser." These community leaders and residents will gather at Goman Community Center located at 745 Linden Avenue in Gustine from 11:30 a.m. – 12:30 p.m. to weigh out and claim bragging rights. The competition kicked off on August 20 at a community health summit at the West Side Theatre in Newman.

"This competition continues to motivate people to make positive lifestyle changes," stated Jim DeMartini, Stanislaus County Supervisor and Chairman of the Westside Healthcare Task Force. "Small changes turn into big changes over time. Our goal is to have a healthier community and this program has been a great start for so many people."

Each team will also climb onto the giant scale to get their final results. The winner will be announced at about 12:30 p.m. after the final team weighs out.

The event is sponsored by the Westside Healthcare Advisory Task Force.

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